





The Clay City

SERVING STANTON. **CLAY CITY &** POWELL COUNTY, **KENTUCKY FOR MORE** THAN 100 YEARS

Vol. 116, No. 22 16 Pages • 50¢

THURSDAY, MARCH 29, 2012

DUI murder suspect blood test results are back

By JAMES COOK Times Editor

The man police say was under the influence of drugs when he caused a fatal wreck was arraigned in Powell Circuit Court last Wednesday. According to court records more than one medication was found in Brian P. Epperson's blood system.

Epperson, 31, of Clay City, pleaded not guilty to the charges of murder, DUI and assault when he appeared before Powell Circuit Judge Frank Fletcher last week. Court records indicated that the blood test results had been returned. The results showed that Xanax, methadone and oxycodone were found in Epperson's system. Epperson had told officers at the scene of the accident that he had taken Xanax before the wreck and that he had a prescription for it. However, in court last week it was noted that there was no evidence that Epperson had a prescription for methadone or oxycodone.

The Powell Grand Jury indicted Epperson for murder, DUI and assault fourth degree. Epperson was driving his Ford F-150 northbound on Hardwick's Creek Road toward Clay City on Nov. 13, 2011 when he allegedly crossed the centerline after coming through curve and struck a Chevrolet S-10 driven by Donald Tharpe head-on. The impact of the crash killed Tharpe, 65, of Clay City, instantly and injured his passenger, Constance



Brian P. Epperson

Puckett.

Police allege that Epperson should have had plenty of time to make it back into his lane and could have seen Tharpe's truck coming. They also stated that Tharpe had no reaction time, as opposed to Epperson. There were no skid marks at the scene, as Epperson's truck was clearly in the southbound

Officers stated that Epperson had admitted to taking Xanax earlier in the day. Officers at the scene stated that Epperson was not injured and did agree for a blood test to be taken. They also stated that he seemed under the influence at the scene, but in district court proceedings it was reported that Epperson may have suffered a concussion and that would explain his behavior.

Epperson was arrested on the indictment warrant on March 9 and his bond has been set at \$325,000 cash.



Celebration honors the 'treasure' that reading can bring to us all

By JAMES COOK Times Editor

The fourth annual Powell County Reading Celebration was held last Saturday. The Powell County School System, along with several community groups, sponsored the event to honor the top readers in the district.

But it was not just the readers who displayed their talents. Several students from all grades entertained the crowd during the opening ceremony in the PCHS Gym. Each performance of melodies went along with this year's theme of "Treasure Reading." There was even ballet

dancers. The crowd enjoyed the performances but took particular interest when the singers honored local veterans. One quartet took turns singing each branch of the US military's song, as veterans who served in that branch stood up to be recognized.

The performances drew at least three standing ovations.

The crowd then made

their way to PCMS where they could watch plays based on various books or hear poems read dramatically. Each of the performers were once again students. They could also see exhibits from the Red River Museum and reptiles/snakes from the Kentucky Reptile Zoo from Slade.

There were nearly 20 authors from Kentucky, including two from Powell County, on hand. The authors talked with young and old alike about their passion. They also sold book and signed autographs.

Free books and t-shirts were given away and a free hot dog dinner was provided.

The Reading Celebration has become an annual event to help recognize the students who not only love to read, but have learned a lot from their reading.

Stanton Elementary was the host for this year's event. Stanton Librarian Jessica Begley Hall told the crowd that to discover the importance of reading then Dr. Seuss had the right

Quoting from a Seuss book, Hall told the crowd,



Above, PCHS junior James Strange receives an honor for being a top reader. Strange's design was chosen as this year's logo for the celebration. At the top the singers perform a melody of songs to show how reading can bring us all together.

"The more you read the more you know, and the reading is indeed a "treamore you learn the more places you can go."

Hall reiterated that

Deluge brings flash flooding to Stanton

By JAMES COOK

Times Editor

rains Heavy Wednesday evening created a little flash flooding problem in Stanton. But the problem disappeared almost as quickly as it materialized.

A slow moving thunderstorm dropped anywhere between a half inch and three-quarters of an inch of rain in the Stanton area between 7 p.m. and 7:45 p.m. That much water caused a ditch line to overflow in front of Kroger, located on East College Avenue.

The quick rising water covered part of College Avenue, all around the Kroger Fuel Station and flowed toward Halls Road. Residents in a house on the corner of the two streets was trapped inside for a short time. The yard

became flooded and water neared the porch.

Nearby at WSKV-FM radio station, the water moved swiftly through their parking area.

"For a short time it was up to the

second step," station sports direc-

tor Greg McIntosh said. "McIntosh and his SportsTalk co-host David Faulkner were on the air when

See FLOODING

Page A2 Column 1



PCHS art student honored; wins state flag contest

By JAMES COOK Times Editor

In the art world it is good when the proverbial lightning strikes twice. Another Powell County High School student's art work has been chosen as the Kentucky Youth Art Month Student Flag Designer winner.

Victoria Reeves, a senior, was chosen as the state's winner for the contest.



happened during a certain time or explain a family's history," Reeves was quoted as saying. 'Art is expressed as

"Art is a form of expression

on many levels. Paintings

of historical figures and

events can express what

both obedience and rebellion throughout the centuries because whenever a small group of painters

See REEVES Page A2, Column 4

> What's inside the Times this week: Social A3...Editorial A4...Obituaries A6...Lifestyles A15

Council discussing ways to help park and historical society

By KAYLA MAYS Times Reporter

The Clay City Council held their regular meeting last Monday night. Most of the night seemed to be spent on parks and recreation issues.

The council agreed to allow Mayor Jimmy Caudill to enter into a contract with Bell Engineering providing it does not exceed \$4,000 to complete a study to see what the rates will need to be to pay off the debts pertaining to the sewer project. The city is hoping, as are most of the county officials, that the new regional sewer plant will be running soon.

The council then approved the Clay City Parks and Recreation Board to purchase playground equipment, two

benches, and two jump toys for younger children with the agreement it will not exceed \$35,000. They also approved the purchase of ten decorative Christmas wreaths at the price of \$177 per wreath. The parks and recreation board then asked the city to give \$5,000 in the form of a grant to help pay for operation, advertising, and anything tourism related.

Clay City Attorney Scott Graham advised the council that the restaurant tax could not be used to pay for operation cost, salary or anything like that. He agreed to give them \$5,000 to help with advertising and tourism events.

He then stated that at years end the Red River Historical Society needed to present expenditures to show that the money was used on tourism and prompting of events and not spent on salaries, utilities, or any operating cost.

Graham also informed the council that the Little League Baseball had worked out an agreement to have concession and use the two fields from April 1 to July 1. The council also agreed to purchase equipment for league in the amount of approximately \$880.

The meeting then went into closed session to discuss issue of property leasing.



REEVES: Art student honored

From Page A1

started something new, most other artists scoffed at them. Art can also express what's on the inside or help relieve stress by letting someone drift off into their own world.'

Reeves was encouraged by her high school art teacher Jennifer Billings.

FLOODING: Clogged ditch, heavy rain causes a flash flood situation

From Page A1

the storm moved through. "But it looks like the water

receded about as quick as it came up.

Stanton Fire Department personnel were on hand to help direct traffic and assist with problems the water had created at the fuel station.

It appeared that the ditch line in front of the station was clogged up, setting up a situation where he downpour and runoff had no place to go.

No injuries or serious damage was reported.

Relay for Life **Events**

Roberts Family Relay Team Chili Lunch Friday March 30

11 a.m. to 2 p.m. Powell County Extension Office Bowl of chili, peanut butter/pimento cheese sandwich, cookie and a drink for \$5 Preorder at 606-569-5419

Dessert Auction Friday, April 6

8:30 a.m. to 2 p.m. Powell County Middle School Library All funds raised will go to the American Cancer Society.

> Zumbathon Friday, April 20

6-8 p.m. Powell County High School \$10 per person There will also be a silent auction.

Powell County's Got Talent Saturday, April 21

6 p.m. @ PCMS Gym \$10 entry fee; Admission \$5 adults/\$2 students

Stanton Drugs



638 East College Avenue Stanton, KY (606) 663-8990

Hours: Monday - Friday 9am-5pm

FAST - FRIENDLY HOMETOWN SERVICE



Transferring your prescription is easy...

Just give us a call or come and see Tony, Dovie or

Kristy! Prescription wait time is 15 minutes or less!



COUPON

\$5 OFF

any New or Transferred Prescription!

As a service to the community, we offer FREE Delivery Service, (to Stanton & Clay City)

we will match or beat our

competetors prices and Drive Thru service is available.

Limited Delivery Area.



Social

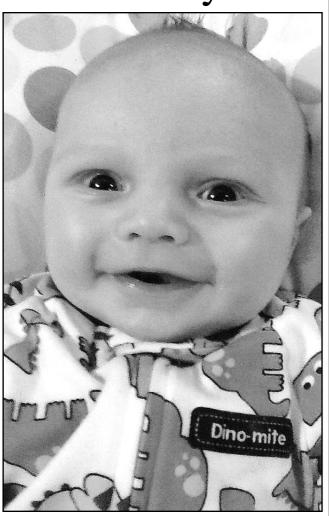
Ruth Duff

Duff to celebrate 100th Birthday

In celebration of Ruth Duff's 100th Birthday, her family is having an "Open House" at the Stanton First Church of God. Please stop by and wish her a Happy Birthday and share some refreshments. No gifts please.

The Open House will be held on Saturday, March 31 from 2 p.m. to 4 p.m.

Hello Skyler!



Skyler David Lee Snowden made his entrance into the world on January 19, 2012 at 11:27 p.m. He weighed 7lbs, 2 oz and was 19 ¾ inches long.

He proudly wants to tell everyone that his

mommy is Cecily Snowden.

He was also welcomed home by lots of happy people, such as Papaw Anthony Snowden, Mamaw Arenita Hall, Nana Kathy Thurman, Aunt Heather Thurman and Aunt Betty Bloom and Aunt RooRoo

PCMS/PCHS students perform well at state competition for STLP



On March 22, the Powell County Middle School STLPclub (Student Technology Leadership Program) competed in the state competition at Rupp Arena. Hundreds of projects and over 6,000 people were in attendance. PCMS worked very hard and did a great job in this competition.

Zeb Faulkner won first place for his digital music product. Nate Books and Matthew Melton received a trophy for being in the top 60 showcase groups.

Carrigan Wasilchenko

graphic mention for Matthew Johnson art. received 4th place in the poster contest.

To top things off, Powell County High Senior, Alicia Wasson entertained the crowd with a song and was surprised with a \$1,000 college scholarship for excellence in STLP. Only six scholarships were awarded in a highly competitive application process. Congratulations Alicia!





Clients and staff of the Powell Adult Day Care would like to say a big "Thank you" to Dairy Queen (Pete Thomas) for donating an ice cream cake for every month that the clients have a birthday. Pictured is Eula Bailey celebrating her 88th birthday!



Screen #1

Wrath of the Titans Rated R

Project X Rated R

<u>Screen #2</u> The Hunger Games Rated PG

Silent House Rated R

A Day of Thanks for a Lifetime of Caring.

National Doctors' Day

ATTENTION PCHS SENIORS

Graduation is just around the corner. Please make sure to get your picture to Mrs. Workman so you can be in the Clay City Times Graduation Special Section. Hurry, time is running out!

We accept MEDICAID & all other insurances

Accepting New Patients IRVINE FAMILY

DENTISTRY

Jason W. Gay, D.M.D. David T. Monson, D.M.D. 10 River Drive • PO Box 86 Irvine, KY 40336

Ph. 606-723-1000 Fax 606-723-1039

Office Hours By Appointment



Powell Circuit Court Clerk Darlene Drake has announced that her office will be closed at noon every Thursday until further notice. The office is trying to go through boxes of records and update some records. Drake and her staff are sorry for any inconvenience

this may cause.

March 30, 2012

JULIE KENNON, MD MERCY HEALTH CLINIC OF POWELL COUNTY



Thank you for your commitment to serving the people of **Powell County.**

60 Mercy Court Irvine, KY 40336



THERESA DAVIES, MD RED RIVER HEALTH CARE

> LARRY ERTEL, MD **ERTEL MEDICINE & PEDIATRICS**

CHARLES NOSS, MD **ERTEL MEDICINE & PEDIATRICS**

DANIEL BARNES, DC CHIROPRACTOR

MELECIO ABORDO, MD CASA SAN PIO MEDICAL CLINIC

(606) 723-2115

I'm just saying . . .

Emergency workers, an early summer and a great celebration

It has been three weeks since this column has been in the paper. No, I was not on a sabbatical or suspended. It just has been really busy and we've had a lot of news items we wanted to get out to the readers.

But now, I have a little time to express a few views that have caught my attention lately.

• First of all I want to thank each and every one of you that jumped in and helped our neighbors who were affected by the tornado outbreak on March 2. The gathering of items, taking them to the stricken areas and the continued support is awesome.

But let me also show some appreciation to the law enforcement, fire/rescue, CSEPP and EMS community. They were there within minutes of the storm and jumped in to help.

They may not get paid much or even paid at all, but they do the job and they do it well. So from the bottom of my heart, and I'm sure people in Menifee, Morgan and Magoffin counties would agree, thanks so much for all you do and have done.

 Speaking of the EMS, I want to go on record



JAMES COOK Times Editor

as saying that I believe they do a pretty good job. Consider that two ambulances are running to help cover a county of 12,000 people (a stand by crew has been called many times to help cover the county when needed), they have already answered over 700 of calls already this year, have to drive patients to hospitals in neighboring counties and then get back as quick as they can and they do all of this on pay that is probably lower than other counties is impressive.

Sure we all get upset when it is one of our kin who need them and it seems like it takes a while, believe me I've been there. But I have to say that until we can find a way to put more crews on the streets in a cost effective manner to help cut down response time, we have a pretty good setup.

Is it perfect? No. Will

there be a mistake here and there? Maybe, it is human nature since none of us are perfect. Though I expect and believe they will do their best on EVERY call. But for those who doubt consider the alternative of not having

 The school year has been breezing by so fast. Believe it or not, barring any unforeseen problems (knock on wood) our kids will get a REAL summer vacation this year! I know the kids will not know how to act; they've never had a long break. So parents, get ready for a long, long summer. Have fun and be safe!

The Reading Celebration was once again a success. The decorations and theme were awesome. The turnout was great. The venues were superb. But the talent some of our kids displayed blew me away!

Let people say what they want, but Powell kids are second to none in my book. And the top readers list seems to be growing. It is great to see our kids working hard, displaying their talents and then we, as a community, honoring them. It don't get no better that that.

I'm just saying . . .



Estill County native J.D. Crowe is an editorial cartoonist with the Mobile, Alabama, Register.

Letters To The Editor

Reader appreciates ambulance service

Dear Editor,

I was reading your issue of Feb. 22,2012, I noticed a lot of comments about our Powell County Ambulance Service.

I am very thankful to the employees and Eddie Barnes. They have transported my 91 year old mother, my husband several times, and myself. Their service is friendly and very efficient, I thought in, monitoring us on the ambulance until we reached our destination.

I cannot thank them enough for their hard work and many hours spent helping others. You are appreciated. Keep up the good work.

Janice S. Trent Stanton

Thank you,

Thanks for reading the Times!

Guest Column: A grandparent's day at the park

By REV. JAMES L. **SNYDER**

Guest Columnist

Fun is a relative quantity. One person's fun may be somebody else's drudgery and pain. I know someone, and her name shall remain anonymous, whose idea of fun is rooting through thrift stores all day long. That concept of fun has never darkened the shadowy corridors of my mind.

The idea of spending time in the park has to be amended to include one very important ingredient. On my own, I probably would not even think of going to the park. Not that I do not like the park, I just would not come up with the idea all by myself.

Then, the important equation of fun is a little granddaughter.

A day at the park by myself does not equal to very much fun. After all, I have talked to myself and I am rather boring. I have heard all my stories before and by the time, I tell myself the story for the 19th time it is no longer funny.

A day at the park with the granddaughter does equal fun.

I think grandchildren are God's way of reminding grandfathers how much energy we do not have and, for that matter, never had.

The date was set and my wife and I set off to take our little granddaughter to the park. On the main features of this park was a merry-goround. I am rather certain they had merry-go-round when I was a child but for the life of me, I cannot remember the last time I took a spin.

As we set out for our destination in the park, I nonchalantly told the little granddaughter that there was a merry-goround in the park. That was the end of my talk for the trip. The whole way there, all she could talk about was the merry-goround and how fast it went in how many ponies there were. By the time we got to the merry-goround I had learned about all there is to know about a merry-go-round from a six-year-old's viewpoint.

According to her, the merry-go-round is about the most fun you could ever have in the whole wide world. And, she emphasized, "I'm serious."

We rounded the corner, before us was the park and in the middle of the park was this mysterious, mystical merry-goround. It elicited a deep heartfelt "Wow," from the younger member of our walking troop.

She immediately began running and pulling me along to the point where I had to walk a little faster than I normally walk. I mean, at my age running is completely out of the question. And so, she ran, I shuffled enthusiastically and before long we were in front of the merry-go-round.

"Isn't it beautiful, grandpa," $_{
m she}$ whispered.

We did not stand long admiring the merrygo-round. She let out a squeal and said, "Come

Monday - Friday at 4:15

on WBFC 1470 AM

on, grandpa. Let's go ride the merry-go-round.'

My plans were very simple. I would let her get on the merry-go-round, pay for the ticket, sit down on the bench and watch her go round and round and round. Well, that was my plan. She, on the other hand, had other plans.

With almost superhuman force she drug me pass the admission gate, I hardly had enough time to pay for the ride and to the pony she was going to ride.

"This is my pony, grandpa. Where's yours?

I quickly searched my plans and could nowhere find any notation about riding a pony on a merrygo-round on this particular day. Instead, I helped her up on her pony and I stood by her and said. "We'll do this one together." She was too excited about riding the merrygo-round that she did not respond.

I grabbed hold of one part of the pony, right next to us was another pony and I held onto that.

"Are we ready to go, grandpa?"

No sooner had she said that until the bell rang and the merry-go-round began going round. And round. And round.

Not only that, the pony she was on, went up and down and the pony next to her that I was hanging onto went down and up. It was as if I was in perpetual motion. It seemed as if that merry-go-round ride lasted 17 hours. Eventually, with my head spinning and my stomach doing whatever stomachs

do, we came to the end of our merry-go-round.

Being grateful that we have finished our ride, I proceeded to disengage her from the pony. However, that was not her plan.

"Oh, grandpa, just one more time."

The problem grandfathers is that nowhere in their vocabulary lurks in any fashion any sound resembling "no." Consequently, we went round on the merrygo-round "just one more time."

I learned a deep lesson that afternoon. When a little granddaughter says "just one more time," it is not in any literal sense of the word that they say it. I'm not prepared to say how many times we went on that merry-go-round, needless to say, by the end of the afternoon I was in a complete whirl not knowing whither I was coming or whither I was going.

As we walked over to get our ice cream treat, I remembered what the apostle Paul said about Timothy. "And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus" (2 Timothy 3:15(KJV).

The Rev. James L. Snyder is pastor of the Fellowship, PO Ocala, the Family Box 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamessnyder2@att.net.

CLARIFICATION

The Ann Bishop listed in last week's story about recent grand jury indictments is **NOT** the same Ann Bishop who is an employee of the Powell County School System and works at the **Powell County High School.**

They said it ... about Life

"What lies behind us and what lies before us are tiny matters compared to what lies within us." Ralph Waldo Emerson

"Nothing is impossible, the word itself says "I'm possible"!" Audrey Hepburn

"Your time is limited, don't waste it living someone else's life. Don't be trapped by dogma, which is living the result of other people's thinking. Don't let the noise of other's opinion drowned your own inner voice. And most important, have the courage to follow your heart and intuition, they somehow already know what you truly want to become. Everything else is secondary."

Steve Jobs

The Clay City

Phone: (606) 663-5540 Fax: (606) 663-NEWS (6397) E-mail: cctimesnews@bellsouth.net

TERESA HATFIELD-BARGER OWNER/PUBLISHER

James Cook **Editor** KAYLA MAYS Staff Writer KAYLA MAYS Ad Sales GREG McIntosh

Sportswriter

SARAH BLOOM Office Manager CHERYL ARVIN Circulation MEGAN PARKER

Ad Composition LISA BABER Ad Composition The Clay City Times (USPS 116-540) is published

weekly by Citizen Voice Inc. Periodical postage paid at Clay City, KY and additional mailing offices. To advertise or subscribe, call (606) 663-5540. POSTMASTER: Please send all changes of address to the Clay City Times, Post Office Box 668., Clay City, Ky, 40312. Sixmonth subscription rates are \$10.60 inside Powell County, \$12.72 elsewhere in Kentucky and \$18 out-ofstate. One-year subscription rates are \$15.95 inside Powell County, \$23.95 elsewhere in Kentucky and \$32 out-of-state. Signed opinions on this page represent the opinion solely of the writer. Unsigned opinions on this page represent the views of this newspaper. The deadline for submitting letters to the editor is noon Friday. The deadline for all other news is Monday at

Listen to Got something to say? Want to let the The community know? **Send your letters to Clay City Times** cctimesnews@bellsouth.net **News Notes** by Noon each Friday Please keep it under 300 words and remember it may be

edited. Addresses and telephone numbers must accompany all letters. Street addresses and telelphone numbers will not be published. Any letter not signed and have the proper information will not be published. Letters and guest columns do not necessarily reflect the opinions of the Clay City Times or **Hatfield Newspapers.**

Passages from the Pulpit: The napkin is still folded

By BRO. WARREN ROGERS Guest Columnist

The Gospel of John has a beautiful story that gives hope to the Christian. It begins in chapter 20 verse 1 though 7. The story of the folded napkin that was used to cover Jesus face, when he was placed in the tomb, has a special meaning. When Jesus arose from the grave, his grave clothes were left behind. The bible takes an entire verse to tell us that the napkin was neatly folded and placed by itself away from the rest of the cloth that Jesus body was wrapped

Is that important? You better believe

In order to understand the significance of the folded napkin, you have to understand a little bit about Hebrew tradition of that day.

The folded napkin had to do with the master and the servant. When the servant set the table for the master, he made sure it was exactly like he wanted it. The table was furnished perfectly and the servant would wait, just out of sight, until the master had finished eating, and the servant would not dare touch that table until the master was

Now if the master was done eating he would rise up from the table, wipe his mouth, would wad up that napkin and toss onto the table. The servant would then know to clear the table. For in those days the wadded napkin meant "I am done". But if the master got up from the table and folded his napkin, and laid it aside his plate it meant "I'm not finished vet. I'm coming back" What does this mean for us?

One reason is, that Jesus is coming back to claim his own. He left this napkin to tell the world that he would be returning, he was not finished yet.

He says in Revelation 22:7 "Behold I come quickly, blessed is he that keepeth the sayings of the prophecy of this book." Another reason is that he is not done receiving souls into the kingdom. In the eyes of God there are only two kinds of people, those that are lost, and those that saved, claiming the blood of Jesus for their salvation. Peter must have felt a great love pored out on him when Jesus said in Mark 16: 7 "But go your way, tell his disciples and Peter that he goeth before you in to Galilee: There shall ye see him". Peter had just denied knowing Christ three times and

must have really been under conviction for backsliding away from the Lord. What a relief when he realized that Jesus called out his name, special, in this invitation. He knew that Jesus had

He left the napkin so that we might know he is going to return and that he still loves us. I am convinced that Jesus return is on the horizon. Our world has gotten wicked beyond imagination. When ever you start to eat your meal and you begin to unfold your napkin. remember that the napkin that covered the face of our loving savior is still folded and he is waiting for you. If you are lost and undone, please accept him before it's too late. If you are a Christian and have slipped away from the fold, want you return and serve the Lord.

Superintendent is 'honored' and 'blessed'

By MIKE TATE Guest Columnist PCSD Superintendent

During the past month we have enjoyed many great things in the district. We watched our girls and boys basketball teams play in the 2012, 56th District Tournament. Both teams displayed great team effort in their dual quest for District Champions. Thinking about the times that this has happened before, we have found that our girls and boys teams have each won the district championship together in the same year only three times before; 1977, 1996 and 2002. It is quite remarkable when you add in that our cheerleaders also won the 2012 District tournament championship and a 2012 District "Sweep".

I received many comments from other district personnel in regards to our hosting this year's 56th District Tournament so I want to take the time to recognize and thank everyone involved in making this run as smoothly as possible.

It was a team effort and I would like to recognize them for their efforts.

First, thanks to Monroe District Jones, our Athletic Director, in organizing and planning this event. Thanks to the following staff members who manned the general admission gates and pass gates: Julie Clark, Teresa Bowen, Debbi Rose, Sarah Wasson, Teresa Anderson, Sissy Crowe, Glenna Gentry, Sheila McCoy, Erma Hughes, Mary and Charles Farmer, Elaine Baker, Glynda Bowen and Charlene Brewer.

Thanks to Mike Estep and the Band Boosters in doing the concession stands and most importantly, having the best band in the region and making sure our fans had great music for the tournament.

Thanks to the staff members of the Powell County High School that helped with monitoring: Eddie Colman who set up the "Sales Area", Raymond Baker for keeping the clock, Myra Goodwin and Cathy Knox for keeping the scorebooks for the boys and girls.

Thanks to Tanner Dodge, Whitaker Bank and Papa Johns for their corporate support, Laura Young and her crew, and the Powell County Women's Club for hosting the hospitality room and donating food and their time each night of the tournament.

Thanks to the parents of our players and cheerleaders, to Cretia Mainous and Catie Newsome for helping with and donating food and drinks for the players and cheerleaders.

Thanks to James Cook and the Clay City Times for the great coverage of our teams and student athletes, "How 'Sweep' It

A special thanks to all board members that attended games - it was great to see them supporting our teams. Adding to our teams' successes, we had another team that qualified for the state tournament and won the state tournament for the second year in a row -"REPEAT"-second year in a row, our beloved Gladiators.

I also have to add praise for our great performances that we witnessed this season from our Matriarchs, X-Treme Teams, and the Stanton Dance Team. All performed brilliantly at the district tournament. The Matriarchs have performed at home games as well as Morehead State, Transylvania and Eastern Kentucky Universities. The Treme Team has also performed at our home games and then taken their performance to Transylvania

and Eastern Kentucky

Universities. Both teams have "Wowed" the crowds with their ball handling talents with a few back

flips thrown in the mix. In other news we are moving forward with our building project at the High School. In a meeting last week with Joe Nance, he explained that our bonding potential will be at roughly \$6.5 million. With our current project estimated at \$4.3 million, we would still have \$2.2 million in reserve for future projects. Mr. Nance explained that 70-75 percent of funding will come from other funding sources and that only 25-30 percent of the funding will be from local dollars. Mr. Nance also explained that the local dollars are earmarked specifically for building projects and can ONLY be used for building projects. Mr. Nance also

explained that local bonding for this project will be around \$1.1 million, significantly less than the first estimate of \$1.6 million. It has been a very busy month, but a very rewarding month with all that has occurred. A special "THANK

YOU" for the folks rais-

ing money and donations

for the victims in our sur-

rounding counties. This

has really been great and just shows what I already knew - that we have great students, staff, board members, community members, business leaders, and parents in Powell Countyfeel HONORED

and BLESSED to be able to serve as the Superintendent for the Powell County School

Bluegrass PRIDE and Rep. Chandler announce grant funding for Powell County

Bluegrass PRIDE (Personal Responsibility In a Desirable Environment) and Congressman Ben Chandler (KY-06) today announced over \$9,000 in grant funding for Clark Energy to install occupancy sensors in Powell County's schools.

Made possible through the Appalachian Regional Commission (ARC), the grants will also help teachers implement energy-awareness curriculum and form energy teams to gather and analyze usage data. In addition, the Powell County school district will host a competition to see which buildings can realize the greatest reduction in energy usage. The two winning facilities will take part in an environmental fun day hosted by the Powell County Cooperative Extension Service.

"Clark Energy's partnership with Powell County Schools to install occupancy sensors and implement energy-awareness curriculum is a great way for teachers and students to get hands-on experience managing their utility use," said Amy Sohner, executive director of Bluegrass PRIDE. "We're looking forward to seeing some friendly competition among Powell County's schools to see which ones save the most energy.

"Many of our counties and schools have ambitious goals to protect and preserve their natural Kentucky landscape but have insufficient resources," said Congressman Chandler. "Thanks to Bluegrass PRIDE, Powell County schools will receive some of the resources and tools they need to make a difference through new innovative projects and by planning for the future."

The community grant program is designed to support governments and nonprofit groups as they develop innovative projects that will result in considerable improvements to the natural environment in the shared ARC/PRIDE counties.

Bluegrass PRIDE provides resources and education to empower Central Kentuckians to foster positive environmental change in their communities. For more information, please visit www.bgPRIDE.org.

asa Habanero#2 One Authentic Mexican Resturaunt

Free Fried Ice Cream

Every Monday!

Bring in this coupon and enjoy eating free ice cream!

99¢ Tacos Everyday!



Hard or Soft Shell



539 River Drive • 723-0486 Monday - Friday 11am-10pm • Sunday 12-9pm

Medical Office Accepting New Patients

All Insurances are Welcome - Walk-Ins Welcome **Including Medicare & Medicaid**

We are proud to deliver the Health Care you DESERVE.

From everyday problems to all chronic conditions like

- Diabetes Blood Pressure
 - Heart & Lung Problems
 - **Digestive Problems**
- **Kidney & Urinary Disease**



Dr. Rezkalla Butros, MD, F.A.C.P **Internal Medicine, Kidney Disease**



Dr. Mazen Duhbar, MD **Internal Medicine**



Ashley Arnett Green, PA, C. **Physician Assistant**

Two Locations

Winchester 1145 W. Lexington Ave. (Next to Burger King) (859) 744-0301

Mt. Sterling 148 Skyview Drive (Across the Bypass from McNabb Middle School)

(859) 744-0301

OBITUARIES

Elissa Abshear, 24

Elissa Abshear, 24, of 639 Irvine Road, Clay City, passed away due to injuries received in an automobile accident. She was an employee of KDMK in Mt.

She is survived by her children, Memphis and Madison, mother Sheldon Haggard, father Terry Abshear, brothers Roy (Robin) Abshear, and Terry Abshear II, sisters, Rebecca Abshear and Angela (Thomas) Bowling, and a host of nieces

Funeral services were held on Wednesday, March 28, 2012 at Wells Clay City Chapel with Bro. Marion Brewer officiating. wellsfh.com

Shelby V. Coomer, 78 Shelby Vernon Coomer, 78, husband of Dorothy Roberts Coomer of Hardwicks Creek Road, Clay City, passed away on Monday, March 19, 2012 at the University of Kentucky Medical Center in Lexington. Born in

Breathitt County, he was the son of the late Willie and Lillie Deaton Coomer and he was a U.S. Army veteran. Vernon was a retired electrician with Sylvania and he was a member of Morris Creek Missionary Baptist Church in Stanton.

Surviving relatives are his wife, Dorothy Roberts Coomer; two sons: Dennis Coomer of Mt. Sterling and Paul Edward (Michelle) Brewer of Battle Creek, MI; six daughters: Anita (Baikuntha) Sharma of Lexington, Vondra (Kim G.) Rose, Edith Elaine (Garry) Cole and Sharon K. (Harvey K.) Brewer all of Clay City, Kathy Smith of Stanton and Lenora (Donald) Spray of Mt. Sterling; two sisters: Elsie J. (Clayton) Montgomery of Cincinnati, OH and Oneida (Keith) Langdon of Mason, OH; 17 grandchildren and a host of great grandchildren and great-great grandchildren.

Funeral services officiated by Rev. Kevin Chaney and Rev. Kim Rose were held on Thursday, March 22, 2012 at Hearne Funeral Home Chapel, 125 West College Avenue, Stanton. Burial with military honors was at Resthaven Cemetery, Morris Creek Road, Stanton.

Active pallbearers were Jason Estes, Michael Estes, Benjamin Rose, Clint Rose, Shannon Burton, Joseph Coomer, Eric Coomer, Dennis Coomer, II, Brandon Smith and Neal Sharma. Honorary pallbearers were Billy Ray Estes, Bill Gilbert, Harry Rose, Tommy Dotson, Mike Martin, Garry Cole, Clayton Montgomery, brothers and brothers-in-law of the Roberts family. Arrangements by Hearne Funeral Home, Inc. www.hearnefuneralhome.com

Ryan M. Goodwin, 13

Ryan Maxwell Goodwin, 13, of Main Street, Clay City, passed away at home on Thursday, March 22, 2012 following a long and courageous battle with brain cancer. Born in Winchester, he was the son of Ronnie G. Goodwin and Krista Haddix Trimble of Clay City. Ryan had graduated from Stanton Elementary and was a student at Powell County Middle School. He was also a proud member of the Emmanuel Baptist Church. He was preceded in death by his maternal grandfather, Joe C. Rogers and by his maternal aunt, Carmen Haddix.

Other surviving relatives are two sisters, Tiffani Goodwin of Winchester and Carmen Goodwin of Clay City; maternal grandmother, Anna Marie Rogers of Clay City; paternal grandparents, Kathleen and her

Powell County School Calendar (Updated March 5)

April 14 May 6

Prom Graduation

Parkway Florist 4994 Main Street • Clay City 663-4291

TUXEDO RENTALS FOR ALL OCCASIONS!



Check out our Wedding

FREE Grooms Tux & 1/2 PRICE Ring Bearer Tux with 5 paid tuxes

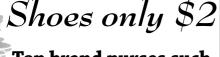
Miss Daisy's Consignment

Main Street, Clay City next to Barber Shop 606-481-1525

Open Tuesday-Saturday

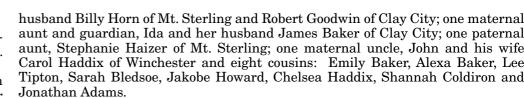
10 am to 5 pm

Womens, Mens and Kids Name **Brand Apparel at Great Low Prices!**



Top brand purses such as Dooney & Burke and much more!

Home goods, toys and beautiful prom dresses also available.



Funeral services officiated by Bro. Greg Webb, Bro. Gary Willoughby and Bro. Ron Pelfrey were held on Saturday, March 24, 2012 at Hearne Funeral Home Chapel, 125 West College Avenue in Stanton. Interment followed in the Goodwin Cemetery, Clay City with Jeff Potts, Mark Barnett, Mark McClure, Ron Pelfrey, Danny Dennis and Kevin Johnston serving as pallbearers.

In lieu of flowers, donations can be made to the memorial and benefit fund for Ryan Goodwin at any Whitaker Bank. Arrangements by Hearne Funeral Home, Inc. www.hearnefuneralhome.com.

Minnie Harrison, 90

Minnie Thelma Harrison, 90, beloved wife of the late John Duncan Harrison, left her earthly body for her heavenly homecoming on Sunday, March 25, 2012. She

was at her home surrounded by loved ones at the time of her passing. She was born Oct. 8, 1921 in Powell County to the late Margaret Morton Caudill Bruen and Archibald Caudill. Due to the untimely death of her father, Jesse Bruen assumed the role of her adoring step-father and later grandfather to John D. and Minnie's children, daughters Patricia Ann Powers-Carl Lexington, and Nancy Jo Sparks-Milward, Winchester and son, John Dwight Harrison, Winchester. In addition to her children, Minnie is survived by

seven grandchildren, six great grandchildren, special nephew, William F. Harrison, Jr., and special niece, Rose Mary Morton Page. Ms. Minnie, as she was affectionately called by

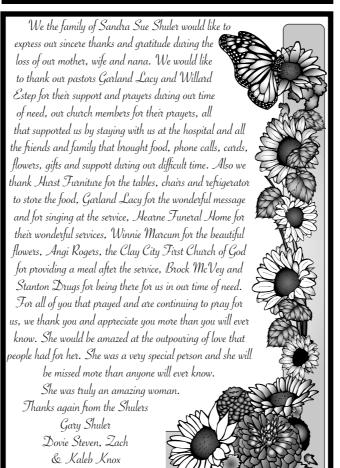
many, worked for several decades at her mother's restaurant, Bruen's, home of the famous Bruen's chili-

dogs and homemade pies. Along with working at Bruen's, she was active in service to her Lord, Jesus Christ, for all of her life in various capacities first at Stanton Baptist Church and later as a charter member of Emmanuel Baptist Church, Stanton. Numerous children were blessed to have Ms. Minnie as a Sunday School teacher. She also spent many years working with the Women's Missionary Union. Both John D. and Minnie's lives were a living testament to furthering the kingdom of God, not the least of which was mentoring their grandchildren and great-grandchildren and faithfully praying blessings over their lives.

Believing that to be absent from the body is to be present with the Lord, a celebration of her life was held on Wednesday, March 28 at Emmanuel Baptist Church with Rev. Keith Joseph and Rev. Greg Webb leading the service. Arrangements by Well's Funeral Home, Stanton. Active pallbearers were Chad Powers, Jeff Brewer, David Thorpe, Martin Harrison, Brad Bigelow, Tavis Pollock, John Anthony Harrison. Honorary Pallbearers were Dr. Charles Noss, Fred and Polly Tuttle, George Drake, William Harrison, Rick Page, Robert Milward, William Carl, Kathy Dudleson, and Jean Derickson.

Memorial gift suggested to: Emmanuel Baptist Church, P.O. Box 910, Stanton, KY 40380 or Hospice East, P.O. Box 1209, Stanton, KY 40380. Guestbook at Legacy.

If you have a Church Announcement, let us share it with the community.



Focused Eye Technology Board Certified Ophthalmology



April, Richard and Eric Centers

- CATARACT
- GLAUCOMA
- DIABETES
- LASER/SURGERIES
- EYE EXAMS



Winchester 859-745-3060 888-463-5377

Berea Clinic 859-986-0090 Stanton 606-663-8880

Medicare and Medicaid Participating Provider Most HMO/ PPO and Insurance Provider

The Clay City Times

John Doe's Storage

295 11th Street **Clay City** 606-663-0731

Competitive Rates

Maple Street 663-4004

Heating & Cooling, Inc 471 Adena Drive Mt. Sterling

859-4994247 Mike & Valerie Teasley, Owners

Bowen Concrete Construction

You Need it Poured We Have the Forms!

Basement Walls. (606) 663-0603

We Specialize in

Patrick's Collision Center

Clay City KY 40312

Phone:663-2547

Fax: 663-05026

Preferred Roofing
All types of roofs including metal We also do siding, guttering, painting and all types of decks, urports and new construction. Also eplacement windows, soffitt and fascia trim.

LOCAL COMPANY INSURED AND LICENSED

FREE ESTIMATES CALL 859-229-7257 70 Maple Streeet, Stanton "Complete Auto Service" **OVERBEE'S CARPET &**

FURNITURE CLEANING ♂Guard Deodorizing Carpet Repairs Water Removal

> 606-205-3306 663-4305

olgus on) main Trophies, signs and more!

395 North Main St., Stanton www.signsonmainky @bellsouth.net 663-0500

Clay City Supply Vinyl Siding, Windows, & Doors 137 Danny Dale Dr.
On Hwy 15 near

Virden Ridge.

(606) 663-6503

To place your business in the **Service Guide** call Kayla at 663-5540

Local

COMMUNITY CALENDAR

Breakfast with the Easter Bunny

You can have breakfast with the Easter Bunny at Clay City Elementary on Saturday, March 31 beginning at 9 a.m. There will be food, games and egg hunt with 5,000 eggs, a basket auction, green screen pictures and a silent cake auction. Come and have fun with your

Powell Democrats Precinct Elections

The Powell County Democratic party's precinct elections will be held on Saturday, March 31, 10 a.m. at your local polling location. All democrats are invited to attend and participate. For more information concatct Tony Ball, Chairman, Powell County Democratic party at 606-663-2314.

Yoga for Beginners

Free beginner yoga classes will be held on Mondays- April 9, 16, 23 and 30 at 4:30 p.m. at the Powell County Extension Office. Poses will be taught in a very basic format and all ages are invited to attend. For more information, please call Stacy Crase at Foothills Health and Wellness Center at

PCHS Freshmen Orientation Night

All incoming freshman for the 2012 - 2013

school year and their parents/guardians are invited to attend Freshman Orientation on April 3 from 6 - 7:30 p.m.

Healthy Meals on a Budget Workshop

The Powell County Extension Office and Foothills Health and Wellness Center will be offering a free workshop called Healthy Meals on a Budget. This workshop will be held on Thursday, March 29 at 5 p.m. at the Powell County Extension Office. Topics will include make-ahead meals, quick and healthy recipes and time-saving kitchen tips for people on the go. Participants will also have the opportunity to sample some of the featured recipes. For more information, please call Pam Dooley at 663-6405 or Stacy Crase at 663-

Disabled American Veteran Meeting

The Monthly Meeting of the Powell County Disabled American Veterans Powell County Chapter # 103 is held on the second Thursday each month at 30 Bright Street Stanton at 6 p.m. For information call Joe Neal 663-5895.

Disabled American Veteran Service Officer

The

American Veteran Service Officer will be available on Friday, April 6 from 9 a.m. until 12:30 p.m. at the DAV meeting Hall 30 Bright Street Stanton. For information call Joe Neal 663-5895.

Free GED

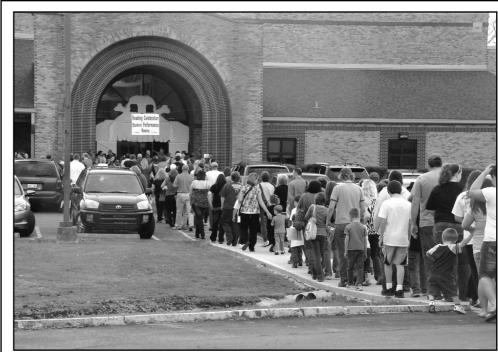
GED exam cost now FREE!Visit MSU-Powell County Adult Education to prepare for your GED exam. Call 606-663-1948

Genealogy Help Desk

Red The River Historical Society and Museum located at 4541 Main Street in Clay City has opened a Genealogy Help Desk. It will be staffed by members of the historical society and members of the Red River Valley Chapter of the Daughters of the American Revolution (DAR). If you are researching your Eastern Kentucky roots we hope we can be of some help to you. The hours are 2 to 5 p.m. each Sunday at the museum.

4-H Breakfast with the Easter Bunny

Powell County's 4-H Ten Club will sponsor Breakfast with the Easter Bunny on Saturday, April 7 at the Powell County Extension Office. An allvu-can-eat-buffett will be served from 9 a.m. to 11 next Disabled a.m. Children under 12



Times Photo by James Cook

The crowds waited to enter the Powell County Middle School Saturday night to participate in the 4th Annual Reading Celebration. The event has become very popular over the past four years.

will receive a complimentary phot with the Easter Bunny. Tickets can be ourchased in advance for \$7 or at the door for \$10. Call 663-6405 for more details or to pre-order.

Soccer Sign-ups

The Powell County Youth Soccer League will be holding sign-ups for the spring league on March 31 at the Clay City Park Pavilion from 10 a.m. to 12 p.m. For more information call Davis Spencer at 859-808-3283 or Brian Derickson at 606-663-1004.

Powell County Tourism Commission

The regular board

meetings are held every fourth Wednesday at 1 pm. The meetings are held at the office in Slade (behind the red caboose). For more information call 606-663-1161.

Vets Benefits

A Veteran's Benefits Field Representative will be at the Powell County Courthouse in Stanton, Kentucky on the first Thursday of each month. The hours are from 9 a.m. to 12 p.m. For further information call toll free 1-866-376-0308.

Rabies Clinic

There wil be a rabies clinic on Saturday, May 5. The times and locations are as follows:

1:00 - 1:30 West Bend -West Bend First Church of God, 8891 Winchester Road

1:45 - 2:15 Clay City – AMVETS Building 2:30 - 3:00 Stanton

Powell County High School Bus Garage 3:15 - 3:45 Bowen -

Bowen First Church of Rabies Shot \$5. Other

vaccines available. Times may vary depending on participation. Sponsored by: Stanton Veterinary Clinic and Powell County Health Department

CHURCH NEWS

Gospel Singing

The Green Meadows Gospel Music Association in Eastern and Northern, Kentucky will be having a meeting for your area at Kathy's Country Kitchen Restaurant in Clay City on March 31 at 6:30 p.m. Our featured group will be Isaiah's Cry and other featured singers will be Revelation 411, David Smith, Kenny and Becky Mabry, and Viola Little and more. Come enjoy some great food and fellowship while you listen to some good gospel music. Please feel free to invite your pastor and other church members to come. For more information contact (270)775-

Singing

There will be a singing at Calvary Baptist located on Stokley Loop in Clay City on Sunday, April 1 at 6 p.m. The guest singers are The Hall Family. There will also be a pot luck dinner.

Fire in the Wilderness

Fire in the Wilderness Full Gospel Ministry will open with a revival at 824 South Fork Road (Highway 1639) in Stanton beginning April 8 and continuing for at least seven days, at 7 p.m. nightly. All anointed singers are welcome. For more information call 606-663-6172.

There will be special services at Calvary Baptist on Stokley Loop in Clay City on Easter Sunday, April 8. A Sunrise Service will be held at 7:30 a.m. followed by a breakfast from 8-9 a.m. (RSVP at 663-1890 for the breakfast.) Sunday School will begin at 10 a.m. and Church Services will start at 11 a.m. An Easter Skit featuring the youth group will be held at 11:30 a.m. and an Easter Hat Parade will be held at 12:15 p.m. There will be Easter baskets for the kids after the

Easter Week Services

The Powell County Ministerial Association would like to invite everyone to the Holy Week Services Monday, April 2 through Friday, April 6. Monday night will be held at Grace Fellowship Church in Stanton, Tuesday night will be held at Emmanuel Baptist Church in Stanton, Wednesday night will be held at Stanton First Church of God, Thursday night will be held at West Bend First Church of God, Friday night will be held at Stanton Christian Church. All services will begin at 7 p.m.

Easter Sunrise Services will be held at the Stanton Cemetery with Brother David Rule and also at Natural Bridge with Mitch McIntyre. Bothservices will begin at 7

ATTENTION PCHS SENIORS

Graduation is just around the corner. Please make sure to get your picture to Mrs. Workman so you can be in the Clay City Times Graduation Special Section. Hurry, time is running out!

汉

The Powell County Democratic party Precinct Elections will be held on Saturday, March 31, 2012 at 10 am at every precinct in Powell County for the purpose of electing

Precinct Delegates for the County Convention which selects our party's leadership team for the next four years.

Please join us in supporting and re-electing our present leadership team of:

Tony Ball, Chairman, Powell County Democratic

Party

Josie Hollon, Vice Chairman, Powell Co. Democratic Party

During the Past Four Years

- •All Democrat meetings have been open and available to any and all interested Democrats.
 - We have held forums and rallies in every election for our Democrat Candidates.
 - We have had open and fair elections in Powell Co. without any scandals or irregularities.
 - The Powell Co. Democrat Party is well respected in Frankfort

and the State Democrat Party because of our involvement over the last four years.

- We have a process in place that gives equal representation on the Democrat Executive Board in every area of our county with an equal 50/50 ratio of male/female representation.
- We have re-established and helped charter the Powell Co. Young Democrats for an investment in the future of the party.
 - •Our present leadership team is hones, hard working, dedicated and involved.

TRIED AND TRUE 100% Democrats working for Powell County, what more could you ask for?

Please join us on March 31, 2012 at 10 am. Let's keep the right team.

/s/ Juanita Crabtree, Charlotte Estes, Charlotte Spencer, James Dwain Anderson, Bobby Drake, John Barker, Karen Graham, Jeanetta Martin, Nancy Mann, Kitty Sturgill, Cebert Gilbert, Toby Drake, Bobby Patrick, Betty Sexton, Michael Witt,

Danny Allen, J.L. Bowen and Ramon Cambell



Deadline to file and pay taxes is April 17

The Kentucky Department Revenue (DOR) reminds taxpayers that they will have a few additional days to file their taxes this year.

The 2012 deadline is Tuesday, April 17, due to Emancipation Day, a holiday observed in the District of Columbia, which falls on Monday, April 16. By law, District of Columbia holidays affect tax deadlines in the same way that federal holidays do; therefore, all taxpayers will have two extra days to file or pay any taxes due this year.

All valid six-month extensions filed on or before April 17, 2011, will likewise extend the due date for filing a 2011 calendar year income tax return to Oct.15,

DOR encourages taxpayers and tax professionals to take advantage of convenient, safe electronic filing.

Since the beginning of the current tax season, over one million Kentuckians have already filed individual tax returns. Approximately 89 percent of those were filed electronically. The average time for a refund to be issued on filed paper returns is four to six weeks. A refund request from an electronically filed return, however, is issued within seven to 10 days.

Additionally, taxpayers who owe with their returns and file electronically can request the additional tax due be automatically debited from their bank. Taxpayers can opt to have the tax due debited up to April 17

More than 1 million Kentucky taxpayers may be eligible to prepare and file their taxes electronically at no cost thanks to a public-private partnership called the Free File Alliance. To find out if you qualify, visit www.revenue.ky.gov.

All Kentucky income tax forms are available at www. revenue.ky.gov/forms or by calling 502-564-3658. Forms are also available at any of the 10 DOR field offices throughout the state. A list of field offices is available at www.revenue.ky.gov/aboutus/taxpayerservicecenters.htm.

DOR will honor recently announced Internal Revenue Service (IRS) special tax relief for taxpayers in the Presidential Disaster Areas who were victims of severe storms, tornadoes, straight-line winds and flooding that started on Feb. 29, 2012.

As of March 19, 2012, President Barack Obama has declared Bath, Campbell, Carroll, Grant, Grayson, Johnson, Kenton, Larue, Laurel, Lawrence, Magoffin, Martin, Menifee, Montgomery, Morgan, Ohio, Pendleton, Rowan, Russell, Trimble and Wolfe counties federal disaster areas. Individuals who reside or relief.

postponed to May 31, 2012.

to individual retirement accounts (IRA)

Retired teachers meet, discuss upcoming state convention

The Powell County Retired Teachers met Friday, March 9 at Hood's Restaurant for lunch and meeting.

President Nellie Anderson presided over the meet-Daryl Abner presented the treasurer's report. The State Convention will be held in Louisville April 22. We are to bring items for our county gift basket to be used as door prizes to our meeting on April 13.

Members present were Billy Rose, Linda and Daryl Abner, Nellie Anderson, Margarita Arnett, Bea Snowden, Betty Craft, Rose Hall, Dee Robbins, Mary Lou Potts, and Jean Derickson. Guests were Jerlene Rose and Dwayne Anderson.

Please meet with us on Friday, April 13 at Hood's

Make your announcements in the Times. Call 663-5540 today

ATTENTION

PCHS SENIORS

Graduation is just

around the corner.

Please make sure to

get your picture to

Mrs. Workman so

you can be in the

Clay City Times

Graduation

Special Section.

Hurry, time is

running out!

Memorial fund set up to help family

The Times has been informed that a memorial fund has been set up in honor of Paula Abney, 52, Jeffersonville, who was killed from injuries she received in an automobile accident on Saturday, March 10.

Mail donations to: Peoples Exchange Paula Bank, attn: Abney Memorial Fund, P.O. Box 398, Stanton, KY, 40380 or go to any branch of Peoples



Exchange Bank and deposit to the account of Paula Abney Memorial Fund.

"Thank You" so much for your support. Any questions, please contact Boyd Patrick at 606-481-2426.

Calling All Dreamer's! Powell County Public Library Launches Summer Reading Program

Readers of all ages will explore the night this summer as Powell County Public Library presents "Dream Big----Read!" It's about dreams, stars and planets, bats, owls, spooky stories

During our summer reading program, activities could include dreams, wishes, space exploration, prize drawing & story

The public library cares about our children here in our community and has planned a program to keep them reading and learning all summer. Whether keeping track of the amount of time your children spend reading or the number of books they have read this summer. Children who join the summer reading program keep their brains active and enter school in the fall ready to learn and to succeed.

The "2012 Summer Reading Program" is open to children going into the 1st through 5th grade. The program will start Monday, June 18 to Friday, June 22. Time will be 10:30 a.m. to 12 p.m. Monday through Friday. Call the library at 606-663-4511 for more information about the program. Come in and sign your child up or call over the phone. If

You need more information call the library and ask for Ms.

YEARBOOKS ON have a business in these counties may qualify for tax **SALE** The IRS is postponing certain tax deadlines for \$56 those taxpayers who reside or have a business in the disaster area. For instance, certain deadlines falling See Mrs. Workman on or after Feb. 29, and on or before May 31, have been at PCHS This includes an extension of the April 17 deadline for filing 2011 individual income tax returns, making income tax payments and making 2011 contributions

State Parks ready for Family Adventure 2012

The Kentucky State Parks is for a seventh year offering the Family Adventure Quest – a trivia and digital photo contest for families or friends in

teams of two to six people.

The Family Adventure Quest presents a series of challenges that teams complete by seeking out facts or objects in various Kentucky State Parks and supplying a photo as the answer. It's a great goal-oriented way to have fun exploring the natural and historical resources of this fascinating state!

While some challenges are park-specific, most can be answered at any of several parks, and a couple can even be answered right from your living room. A digital camera is necessary to capture your team's fun along your journey, and your photos just might show up on our website or Facebook page.

Many have turned the quest into a family tradition, bringing together generations of family members each year to enjoy the experience, while some just look forward to the thrill of the chase as the quest packet arrives.

"We love seeing our beautiful state

and having family time - all wrapped up together into one fun adventure!" says three-time returning Team Rogers, from Mount Sterling.

A little tweaking to the prize structure this year will hopefully encourage those who may have worried about time restraints in the past to join in the adventure. By correctly completing just 10 quests, your team will receive a certificate for a one-night stay at the park lodge of your choice (Sunday

- Thursday) and free passes to park museums and forts. Complete 20 quests and receive the stay and passes, plus a \$25 Kentucky State Parks gift card. Complete all 25 quests and get the stay, passes, and a \$50 gift card!

A \$15 registration fee gets you the quest booklet, a Kentucky State Parks insulated tote, a 2012 Kentucky State Parks Calendar Planner, and some informational materials to help you along your way.



STIHL IS THE #1 SELLING BRAND OF GASOLINE-POWERED HANDHELD OUTDOOR POWER EQUIPMENT IN AMERICA'





ittle Caesars

Available at participating dealers while supplies last. © 2012 STIHL BES12-1S41-101765-1 **D & S Outdoor Products**

> 758 Ky 15 South Campton

personal non-income producing, family and household purposes only. Other restrictions apply. See dealer for details.

606-668-3730 DandsOutdoorProducts.com

SCAN HERE TO FIND YOUR LOCAL STIHL DEALER

or visit STIHLdealers.com

Pirates open season 3-0

GREG MCINTOSH Times Sportswriter

The Powell County baseball team opened their season last week with the expectations high. The first week did not put a damper on those expectations for a great season.

The Pirates opened the year with a home game last Monday against Leslie County at the Stanton City Park. Powell scored first in the bottom of the second inning. Joey Johnson led off with a double to right field and later in the inning scored on a hit by Matt Pelfrey to a take a 1-0 lead. The Pirates added two more runs in the third as well. David Hayes reached base on an error, Elliot Hale singled to score the run. Hale quickly stole second base and scored

on a single up the middle

3-0 Pirate lead.

In the fourth inning Powell broke the game open with four more runs to make the lead 7-0. Pelfrey got an infield hit and stole second base. Billy Hatmaker reached base and scored Pelfrey. Cody Morton walked and David Hayes singled to score Hatmaker. Hale drilled a triple to centerfield to score two runs and give Powell the lead.

Head Coach Chris Varney began to put younger players into the game in the fifth inning. The Pirates, Trey Marcum reached base on a Leslie error and scored on a hit by Caleb McCoy. Hatmaker doubled, Kyle Knox walked to load the bases. Chance Snowden got an infield hit to score the final run off the game. Powell won 10-0 over Leslie to open the 2012

Joey Johnson pitched four scoreless innings from the mound to get

by Frank Spencer for a the victory. Trey Marcum pitched a scoreless fifth inning for the Pirates.

The Pirates traveled to Madison Southern last Tuesday to play the Eagles. Powell quickly got on the board and Madison Southern switched pitchers four times in the second inning. Powell collected 18 hits in the rout. The Pirates easily defeated Madison Southern by the score of 17-6. Cody Morton toed the mound for the Pirates.

Last Wednesday, Powell traveled to Buckhorn to take on the Wildcats. Powell's starters played just the first inning and a half as the Pirates romped over Buckhorn 15-0. Last Friday, the Pirates were scheduled to play at Western Hills but that game was rained

Powell's record for the first week of the season stands at 3-0. The Pirates traveled to Myrtle Beach to play five Varsity and five Junior Varsity games



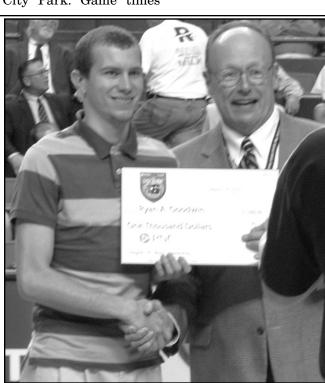
Powell County baseball and softball will get new scoreboards. Baseball will get one installed this year and softball will have one installed next year. Thanks to our scoreboard sponsor Whitaker Bank of Powell County. We would like to formally recognize our sponsor on April 3 Lee County game. Above is a picture of the baseball scoreboard being installed. Thanks for the installation goes out to the City of Stanton's mayor and staff, Clark Energy, Powell County judge and staff workers Randal and Powell County Schools Maintenance Department, John Kinser and Travis Kinser.

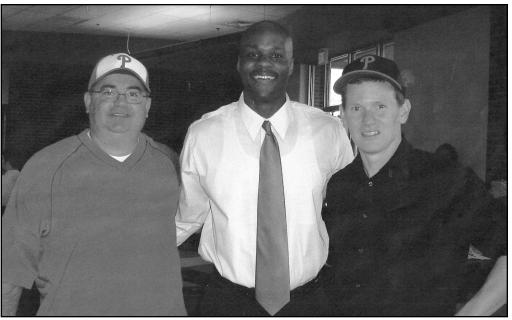
Powell is scheduled to play Perry County Central

during Spring Break. and Nicholas County on are noon and 2 p.m. Saturday at the Stanton City Park. Game times

And the winner is . . .

Photo submitted Above is a picture of Powell County Pirate senior Ryan Goodwin being presented the 14th Region Kentucky High School Athletic Association Scholarship.





The Powell County Pirates Baseball Hall of Fame Class of 2012 was inducted last weekend at the annual Chili Dinner/Auction. From left to right are Dustin Billings, Keith Stewart and Jimmy Farmer. The late Jim Potts was also inducted.

Registration for Beginning Primary Students (Formerly known as

kindergarten)



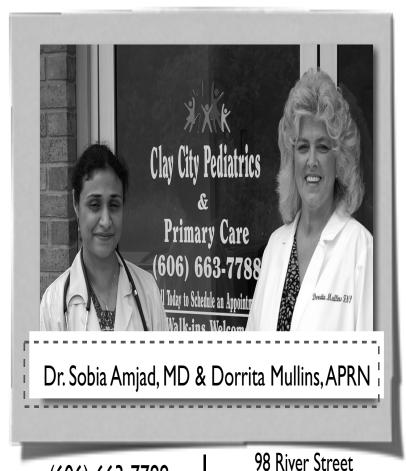
Throughout the county, each elementary school will be holding kindergarten registration and screening for children who will be five years old before October 1, 2012. Please bring your child's birth certificate and social security card when you attend registration. If immunizations and physical are completed, please bring them as well. According to school law a child must have a current immunization record, physical, dental and eye exam prior to entering school. If you do not have this completed now you will be allowed to register but we will need it prior to opening day of school August 2012.

Stanton Elementary-April 3, 2012 11 am to 6 pm

Bowen Elementary-April 4, 2012 11 am to 6 pm

Clay City Elementary-April 6, 2012 11 am to 6 pm

Clay City Pediatrics & Primary Care



(606) 663-7788

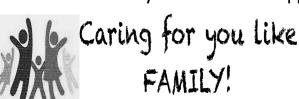
Monday - Friday

8am - 5pm

Clay City, KY 40312 Located behind the Clay City Post Office

Now accepting new patients!

Walk-ins welcome or call today to schedule an appointment!



Court News

Marriages

•Dana Montgomery, 39, manager, to Paul Dunaway, 41, self-Dunaway,

employed. •Kayla Banks, McDonald's, to Hipolito Rivera, 26, Red River

 ${
m Hardwoods}.$ Alex Morgan Pelfrey, 20, student, to Rusty Allen Leggett, 20, laborer.

Jessica Rawlins, 32, unemployed, to Larry Townsend, 35, unemployed.

•Darla Kay Dunn, 26, retail associate manager, to Cory Spencer Graham, 32, GIS Coordinator.

Property Transfers

 Secretary of Housing and Urban Development to Paula Thorpe, 148 Sons Road, \$30,100.

•Richard R. Rednour II, Richard Rednour II, Tax Ease Lien Servicing LLC, Mers, Homecomings Financial Network Inc., Powell County, Kentucky, United States of America, and Lillian D. Williams, Master Commissioner, to Deutsche Bank National Trust Company, and Argent Securities Inc., 79 Deer Park Drive, \$324,700.

•Ellis L. Amburgy and Joan L. Amburgy, to David Barker, S. Margin Street HWY 15.

•Simon Allen Jr., thru POA, Mary L. Allen, Attorney in Fact, and Mary L. Allen, to Wayne Seifert, 10.35 acres-Cat Creek, \$32,000.

•Peoples Exchange Bank, to James and Brenda Watkins, Lot 7 of PLAT CAB-1 SL-58, \$16,000. • Margie

to Charles and Ruth Stamper, 0.32 acres-S. Side Lake Neomia Road, •Stephanie E. Ward

Stephanie Ward, Donald R. Ward, Health Care Collection Services Inc., UK Medical Center, UK College of Dentistry, Tax Ease Lien Investments 1 LLC, Central Kentucky Management Services Inc., Central Kentucky Services

Management Services Inc., Kentucky Medical Services Foundation Inc., Wells Fargo Bank NA, and Lillian D. Williams, Master Commissioner, to Wells Fargo Bank, 68 Carmichael Road,

•Clara Lee Henson, to James Edward Henson and Dean Monroe Henson, Lots near HWY 15.

Bank, Citizens Dwayne Anthony Osborne, Ar Gayle Osborne, Angela Kentucky Bank, Property Tax Servicing, Commonwealth Kentucky Department of Revenue, and Lillian Williams, Master Commissioner, to Linda and John Snedegar, 1428 Black Creek Road, Snedegar,

• Ferrell Logging & Lumber Inc., to Cumberland Woodlands LLC, 4 tracts-Cane Creek,

•Susie Smith to Jessie Scott Hale, W. Margin Jones Road, \$7,000. • Easter Wooton,

Whitaker Bank Inc., Lot 6-Echo Valley Subdivision. Wells, •Joshua JPMorgan Chase Bank

NA, Midland Funding LLĆ, BAC Home Loans Servicing LP, Countrywide Home Loans Servicing LP, and Lillian D. Williams, Master Commissioner, Federal National Mortgage Association, 1362 N. Bend Road, \$147,814.

 Marcus A. Caudill and Karen L. Caudill, to Dani M. Hawes, and Diane R. Hawes, 0.22 acres-HWY • Marcus A. Caudill and

Karen L. Caudill, to Dani M. Hawes and Diane R. Hawes, 6.06 acres-HWY 82, \$180,000. •Samuel Dunn, to

Samuel Dunn and David Dunn, Virden Ridge Road.

•Ella Trent, and Ella Rose, to Charles and Ruth Stamper, Oak Ridge Road, \$60,000.

•Ella Rose, to Randy and Lisa Embree, Oak Ridge Road, \$31,500.

Ray Christopher Lairson, to Christopher Ray Lairson, deed of correction for DBK 163 PG

• Dueville Ray Watson and Joyce Carol Watson, to Shawn Singer, 100 acres-South Fork, \$72,000. •Tasha L. Cha

Chaney to Steven and Michelle Rogers, Lot 1-West Lone Oak Estates, \$4,000.

 Deutsche Bank Trust CompanyAmericas,Saxon Asset Securities Trust, Americas Moneyline Inc., and Saxon Mortgage Inc., to Scott Wilson, 145 Graham Street, \$28,199.

•Dorothy K. Carlsson, thru Attorney in Fact, and Alton Alan Kiernan, POA, to Alton Alan and Brenda Kiernan, Lot 17 of PLAT CAB-2 SL-9.

• Dorothy K. Carlsson, thru Attorney in Fact, and Alton Alan Kiernan, POA, to Alton Alan Kiernan and Brenda Kiernan, White Oak Drive, Lot 16-W. Lone Oak Estates.

•James W. Friend Sr. Trust, Daniel S. Wallace, Trustee, and James W. Friend Jr., and James W. Friend Jr., sole trust beneficiary, to UAE Investco 1 LLC, Oil and Gas Estate,

 Homer Ray and Madge Ray, to Mitchell Parker, Forge Mill Road. • George Randall Casey,

Marlene Casey, Rodney Lewis, Sandra Lewis, Doyle McFarland, Aleta Kaye McFarland, Brian Derickson and Angie Derickson, to George Casey, 3 tracts. •George Casey,

Powell's Valley Baptist Church Inc., HWY 82-2.10 acres, \$50,000.

Circuit Court

•David Lee Ratliff, trafficking in a controlled substance, first degree, first offense, drug unspecified, schedule 1 and 2, trafficking in a controlled substance, second degree, first offense, drug unspecified, schedule 3 not guilty plea, pretrial conference April 4.

 Martina Stacy, three counts of criminal possession of a forged instrument-first degree-I, persistent felony offender second degree, not guilty plea, trafficking in a controlled substance, first degree, second or greater, drug unspecified, schedule 1 and 2, trafficking in a controlled substance, first degree, second or greater offense, drug unspecified, two counts of trafficking in a controlled substance, third degree, second or greater offense, drug unspecified, pretrial conference April 18.

 Morgan Atkinson, theft by unlawful taking/ disp-all others, not guilty plea, pretrial conference April 4. •Josh Abner, theft by

unlawful taking, disp/ auto, persistent felony offender - first degree, not guilty plea, pretrial conference May 9. •Joshua W. Abner, two

counts of burglary, third degree, criminal mischief, first degree, possession of burglary tools, criminal mischief second degree, escape-second degree identify facility, theft by unlawful taking/disp-building, criminal mischief-second degree, persistent felony offender second degree, not guilty plea, pretrial conference May 9.

•Jonathan Adams, two counts of theft by unlawful taking/disp-all others, 10 counts of forgery, second degree, pretrial conference April 8, trial date is May 8. •Bruce Bevins, receiv-

ing stolen property under \$10,000, not guilty plea, pretrial conference April

 Anna Bishop, trafficking in a controlled substance, second degree, first offense, drug unspecified, schedule 3, trafficking in a controlled substance, third degree, first

•Jane Crowe Brantley, trafficking in a controlled substance, first degree, first offense, drug unspecified, not guilty plea, pretrial conference April 4.

•Barney Brewer, manufacturing methamphetamine, first offense, pretrial conference April 4.

 Mona Bundy, trafficking in a controlled substance, first degree, first offense, drug unspecified, schedule 1 and 2, not guilty plea, pretrial conference April 4. •Jessica E. Charles

tampering with physical evidence, continued until April 18.

• Doyle Matthew Conner, burglary, third degree, theft by unlawful taking/disp-all others, pending indictment, continued until April 18. •Kristin Mays Cope,

unlawful transaction with a minor first degree illegal sex act, under 16, failure to report child dependancy, neglect, or abuse first offense, continued until April 4. Missy Dawn Crabtree

receiving stolen property (firearm), persistent felony offender - second degree, to enter plea on April 4, trial date is April Brian Phillip

Epperson, assault fourth degree minor injury, operating a motor vehicle under the influence of alcohol and/or drugs with .08, aggravator, first offense, not guilty plea, pretrial conference April •Lanny Griffith Jr., two

counts of trafficking in a controlled substance, first degree, first offense, drug unspecified, bench warrant issued. •Johnny Haddix, bur-

glary, second degree, theft by unlawful taking/dispfirearm, theft of a controlled substance, first offense and less than \$300, persistent felony

unlawful taking/disp-all others, bench warrant.

 Mark D. Hawkins, tampering with physical evidence, continued until March 26, bench trial set for June 11.

•Wendell Hurt, flagrant non support, continued until April 4 to enter plea.

 Samuel Jackson, two counts of burglary, third degree, criminal mischief, first degree, possession of burglary tools, criminal mischief-second degree, continued until Jund 25.

•Zachary Justice, rape, first degree, unlawful transaction with a minorthird degree, not guilty plea, pretrial conference April 18.

•Matthew Keith Lyle, possession of burglary tools, sentenced to three

 Anthony Wayne Lynch, flagrant non support, dismissed with prejudice.

•Kellee Maloney, theft by unlawful taking/dispall others, not guilty plea, pretrial conference April Sarah Jo Manning,

manufacturing methamphetamine, first offense, continued until April 4. •Nickie A. Miller, probation violation for fel-

ony offense, probation revoked, to serve three years concurrent with other sentence. Nicky A. Miller, trafficking in a controlled substance, first degree,

first offense, drug unspecified, not guilty plea, pretrial conference May 9. Roger Jason Miller, receiving stolen property under \$10,000, not guilty

plea, continued until April 18. •Steven Morton, 12 counts of criminal possession of a forged instrument-second degree-I,

guilty plea, received four years on each count - concurrent - diverted for four years. •Rufus D. Mullins,

shock probation in felony

28 West Halls Road, Stanton, KY 40380 P.O box 610 Phone: 606-663-2811 Fax: 606-663-2895 wskvfm.com











Powell County Pirates Fast Pitch Softball

Mar 29 Menifee Co. Mar 30 Magoffin Co. Mar 31 St. Patrick Mar 31 Morgan Co. Mar 31 Menifee Co. Apr 2 Lee County Apr 3 Wolfe Co. Apr 5 Owsley Co. Apr 6 Pulaski Co. Apr 7 Bourbon Co Apr 7 Rowan Co. Apr 9 Estill Co. Apr 13 Breathitt Co.*

Apr 16 Hazard Apr 17 Jackson City Apr 19 Wolfe Co.*

Apr 20 West Jessamine **Apr 21 Tates Creek**

Apr 21 East Jessamine

5:30PM 5:30PM 10:30AM 3:00PM 1:30PM 5:00PM 5:00PM 5:30PM 7:45PM 10:30AM 9:00AM 5:00PM 5:30PM

5:45PM 5:30PM

May 14 Hazard*

May 15 Jackson City* May 18 Perry Co. Central* 6:00PM

6:00PM

5:30PM

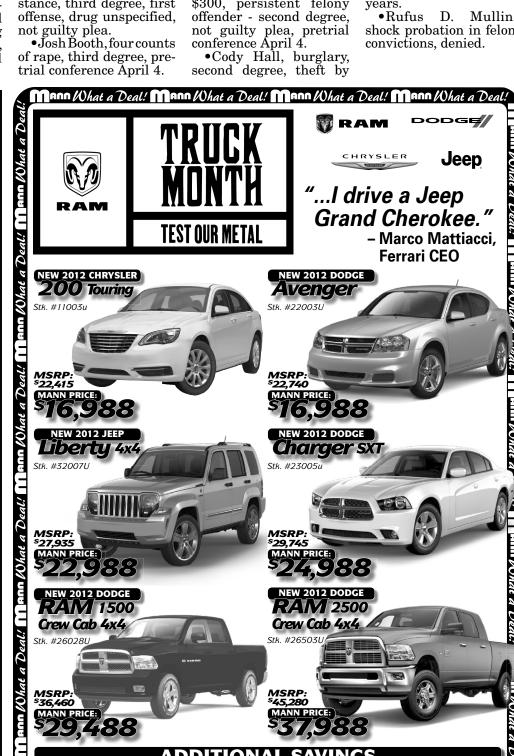
3:00PM May 17 Bath Co. 9:00AM

* Home Games





Spring has Sprung



ADDITIONAL SAVINGS 2012 Dodge Ram 1500 Quad 4x4 2012 Dodge Caliber

#21002U, msrp \$19,515.... SALE **\$16.988** 2012 Jeep Patriot 4x4 #30500U, msrp \$20,512.... SALE **\$18,888** 2012 Jeep Compass 4x4

#30003U, msrp \$23,275.... SALE **\$20,988** 2012 Dodge Challenger

#22500U, msrp \$26,015.... SALE **\$22,888** Must finance thru GMAC. With approved credit. Price does not include tax, tag and fees. All rebates assigned to dealer. Due to ad deadlines, vehicles may be sold. Artwork for illustration only. Thanks for reading the fine print. MANN CAN HELP

Call 877-847-6266 Mt. Sterling On the Bypass 859-498-0232

FINANCE YOU!

or toll free 800-963-2886 Mon-Fri 8:30am-8pm Saturday 9am-5pm

#26024U, msrp \$33,455.... SALE **\$26,988**

#33005U, msrp \$32,330.... SALE **\$28,988**

#12001U, msrp \$33,395.... SALE **\$29,988**

#26800U, msrp \$47,980.... SALE **\$39,988**

2012 Dodge Ram 3500 Crew Cab

2012 Jeep Grand Cherokee

2012 Chrysler 300 Limited

CHRYSLER DODGE TRAM Jeep Check Out Our Daily Specials At mannmtsterling.com

nn What a Deal! Mann What a Deal! Mann What a Deal! Mann What a Deal!

Clay City TIMES

MIKE REED County Ag. Agent

What a Beauty!!!

Maybe I am getting old and senile, but I don't think I have ever seen a spring season where everything bloomed at one time. One need only to take a short drive to see the sarvice trees, redbud trees and now the dogwood trees in full bloom in the woods all at the same time. Could they not wait a little longer to spread out their spring display over a longer period of time?

It has been a beautiful week, but temperatures have moderated a little this weekend, but frost is still quite possible for several more weeks.

Makes me wonder about this year's fruit crop....

We'll just have to see. **Taking Care of the Herd bull**

Before long, most of our Powell County beef producers will be turning the bull out in the pasture with the momma cows. Breeding season for a spring calving herd should begin around May 21-June 1. By keeping the bulls up in a separate lot and introducing him to the cows at this time, it pretty much guarantees you a calf crop starting in February, 2013.

By doing this it brings in all your calves in at once, making them easier to care for and gives you a larger group of calves to sell all at one time next fall. Our Cattlemen realize that it is a basic fact that most producers would make more money selling all their calves as a larger group, whether in a CPH sale or even at a regular sale at the stockyards.

In order to arrange all this we have to get our existing bulls in shape for the breeding season, or get out and find another bull or two from local farms or sales. I am making an effort to post up-coming sales in our area of the state here this month to notify producers of potential places to purchase a good bull or even heifers.

Regardless of where you will get your bull, it is important that he is ready, willing and able to get the job done out in the field. There could be nothing more disheartening for a beef cattle producer than to wait and wait on those calves in February or March, to find that the bull you thought bred your cows in June, was literally on vacation.

This has happened in our county more times than one, by many good producers and it can happen to everyone. Even

Spring is beautiful, but it's time to take care of the bulls

with proper testing, nature can play tricks on our animals, but a few simple tests taken now can help take some of the risk involved.

Farmers who are wishing for a good calf crop in 2013 should start with their bull and a simple breeding soundness exam. A BSE is generally carried out by a veterinarian. No bull should be purchased unless he has had this test.

The exam includes a physical examination of the bull (inside and out) and a microscopic examination of the semen of the bull. Most of this can be done there on the farm by your veterinarian. A BSE should be conducted within 60 days of the breeding season. It is a must that any bull purchased now has passed this test.

If the bull passes his breeding soundness exam, it means he has the physical capability to breed your cows. It does not measure desire. Some bulls are just more naturally sexually active than others, therefore it may be important to observe how the bull reacts to cows which are in heat. If he's not interested, then you still won't have any baby calves, regardless of his physical condition. Cows which come back in heat again 21 days later will be a good indication that the bull is not doing

his job.

Using a bull with good genetics is important to your beef operation. When reviewing bull EPDs review the genetic traits that are important to you. For example, if you sell most all of your calves, choose a bull with the genetic traits to maximize production, such as milk and weaning weight

If you choose a bull to breed to heifers, you certainly want a bull with low birth weight EPDs to avoid calving problems

with those animals.

Also make sure you have enough bulls on your farm to get the job done. One physically mature, older bull should be able to breed up to 25-30 cows per season. A younger, two year old bull should only be expected to service around 20 cows. Don't expect too much out of your bull that first

Bulls which are purchased now, or brought in the herd from another farm should be fed extra grain now with some higher quality hay. Good nutrition two months prior to breeding season is important. Once breeding season starts, nutrition is the last thing on his mind.

Watch bulls and let them get used to you, your farm noises and your working facilities. There is nothing more dangerous on your farm than an ill-spirited bull. Never trust a bull of any

Powell County Sports Home Calendar

March 29

PCMS Softball vs. Nicholas County

March 31

PCHS Baseball vs. Perry Central

PCHS Baseball vs. Nicholas County

April 3

PCHS Baseball vs. Lee County

type, but make sure that he is aware of you and your family members which will be with him during his stay there on your farm. If any bull becomes mean or high spirited his stay at your place may be cut considerably short. Never take any chances on a mean bull, regardless of his EPDs or his background check! There are far too many courteous bulls out there to contend with one that is not appreciative of his surroundings and his owners.

Placement of a new bull on your farm may take some study and research on your farm, but any bull is a major investment in the genetic improvement of your entire herd. There are several good PROGRAM bulls out in the county. Many of these, however may need to find a new home this spring, especially if farmers are saving their own heifers for replacements. If you need more information or information regarding upcoming bull sales in the area, don't hesitate to call me at 606-663-6405.

Extension Gardening Workshop

The first session of this year's Spring Gardening Classes will be held next Monday, April 2(If UK is in the final NCAA tournament, everyone will be home by game time at 9:23 p.m.!!!) This class will be held at 7 p.m. at the Powell County High School Cafeteria. At this week's class we will learn about Pruning landscape shrubs and trees. All classes will be held on Monday nights in April at the PCHS cafeteria.

Other upcoming topics include Growing herbs, growing melons and gourds, garden art and hopefully a landscape tour or outdoor garden party as well as free seeds, plants, door prizes and fun out in the learning greenhouse.

The Spring garden class is open to everyone, whether you have a green thumb, or not and will include three weeks of lectures, one field trip and a plant sharing and pot luck dinner. It will be held each Monday night during the month of April. Contact the Powell County Extension Office at 663-6405 for details.

Turf Professionals

Training Seminar There will be a special program for lawn care professionals and golf course maintenance keepers next Monday, April 2, 2012 beginning at 10 a.m. This seminar will be held at the Estill County Extension Office at 76 Golden court in Irvine, Kentucky. This seminar will include seminar sessions on Turf insect and disease control, Weed control, fertilizer application and pesticide laws and regulations. Presentations



will be given by UK specialists in lawn care and entomology. Pre-registration is required by March 31, and can be made by calling the Estill County Extension Office at 606-723-4557. Pesticide applicator continuing education units are also approved by KDA for this training in categories, 3, 10, 12, 18 and 20. **Powell County Health**

Fair Scheduled

Health care is still a big concern and of major importance to most of For those Powell County residents who have been putting off going to the doctor for a long time, the Powell County Community Health Fair is scheduled for Thursday, April 12 at the Powell County High School Cafeteria, beginning at 5 p.m. and going until 8 p.m.

Some of the services offered this year by the Kentucky River Foothills group will be cholesterol



screening, blood pressure, glucose screening, vision and hearing screening.

The Powell County Clinic will measure bone density for the ladies. The Powell County Health Department will also give out information as will other health related groups throughout the

The Powell County Health Fair is free of charge and is made possible by the Kentucky River

foothills, Powell County Health Department, the Powell County Family Resource Centers and the Powell County Extension

For more information, or if your health related group would like to be a part of this year's event, please contact Mike Reed at 663-6405 or Becky Skidmore at 663-3515.

THE CLAY CITY TIMES

Sending hometown news to our Troops for over 100 years.



• One Year In-County \$15.95 • One Year In-State \$23.95 • One Year Out-Of-State \$32.00

Name
1
Address
City/State/Zip
Phone
New Re-new
110 110W

Mail with payment to: PO Box 668, Clay City, KY 40312

Check If You Want A Card Sent

(JV plays Lee on April 4)

<u>April 5</u>

PCMS Baseball vs. Bourbon County

PCMS Softball vs. Estill County

Devotional

ASSEMBLY OF GOD Stanton Assembly of God, Washington St., Stanton, 663-0198, Pastor Edward Tackett, Sunday School 10 am; Worship Service 11 am and 6 pm.

BAPTIST

Baptist Worship Center of **Mt. Sterling**, 100 Howard Ave. (behind courthouse), Mt. Sterling; worship, 10:45 a.m. Pastor, Travis Drake. A people church where everyone is someone special. Nursery provided. Information: George Drake 859-498-3933.

Clay City Baptist, 7th St. & 8th Ave., Clay City, Grider Denney, Min., Sunday School 10 am; Worship Service 11 am and 6 pm; Wednesday Evening Service 7 pm.

Emmanuel Baptist, 745 W Highway 15 (across from PCHS) Stanton. Ph: 663-1300. Pastor Greg Webb; Services: Sunday School 9:45 am, Morning Worship 11:00 am, Evening Worship 6 pm, Wednesday Night Bible Study, 7 pm.

Faith Freewill Baptist Church, 130 Washington Street, Stanton, KY 40380, Pastor: Ireland Sexton. Phone 606-663-0073.

Friendship Baptist Church, 105 Bluebird Lane (off Virden Ridge Rd.,) Clay City, Clyde Spencer, Pastor, Sunday School 10 am; Worship Service Sunday, 11 am; Worship Service Saturday 6 pm.

Mill Knob Baptist Church, 21 Rice Rd., Stanton, off Peck's Creek. Pastor, Warren Rogers 606-481-0444. Sunday School 10 a.m.; Worship at 11 a.m. Evening Worship 6 p.m. Wednesday service 7 p.m.

Morris Creek Missionary Baptist, Hwy. 213 North, Pastor Kevin Chaney. Sunday School 10 am, worship 10:45 am, Sunday night, 6 pm

Powell's Valley Baptist, 125 Powell's Valley Rd., Clay City; Gary Willoughby, Min., Sunday School 10 am; Worship Service 11 am and 6 pm; Wednesday service 6 pm. Rehoboth Baptist Mission,

663-1950; Gary Hurt, Min., Sunday School 10 am; Morning Service 11 am; Sunday Evening 6 pm; Wednesday Service 7 pm.

Stanton Baptist, 42 E. College Ave., Stanton, Ph. 663-2170; Troy Luttrell, Min., Sunday School 9:45 am; Worship Service 11 am and 6 pm; AWANAS Wednesday 6:30-8 pm & Wednesday Service

West Bend Baptist,10124 Winchester Rd. Sunday School 10 a.m.; Sunday Service 11:15 a.m. Pastor John C. Taylor. Phone 1-859-270-1599.

Calvary Baptist Church, Stokely Loop, Clay City, 663-1890; Johnny Hurt, Pastor, Sunday School 10 am; Worship 11 am; Evening Service 6 pm; Wednesday Service 6 pm. Three Crosses Church, Clay City.

Freewill Baptist Unity Church, U.S. 460, Camargo, Pastor: Mark McIntosh, Services: Sunday School at 10 a.m. Morning worship at 11 a.m. Sunday evening at 6 p.m., Wednesday at 7 p.m.

CATHOLIC

Our Lady Of The Mountains Church, 1093 E. College Ave., 663-5919; Sister Mary Jane Kreidler, pastoral director, and Father Al Fritsch, parish priest. Tuesday and Friday Mass 4:30 pm

CHRISTIAN Stanton Christian, 100 West Church Street, Stanton, 663-2458; David Bowden, Min., Sunday School 9:30 a.m.; Worship Service 10:30 a.m.

and 6 p.m. Wednesday service 7 p.m.

CHURCH OF CHRIST Bowen Church of Christ, Luke Newell - 1st and 3rd Sunday; Daniel Newell - 2nd

and 4th Sunday. Cat Creek Church of Christ, Eugene Reed, Relzda McNabb, and Dwaine Meadows Min. Sunday School 10 a.m.; morning worship 11

a.m.; evening service 6p.m.' Wednesday 7 p.m. Clay City Church of Christ, 5719 Main St., Clay City, Mack C. Rice, Min., Sunday

School 10 am; Worship Service 11 am and 6 pm; Wednesday Service 7 pm. Stanton Church of Christ,

255 N. Main St., 663-5327; Brock Hartwigsen, Min., Sunday Service 10 am; Worship Service 11 am and 6 pm; Wednesday Service 7 pm.

CHURCH OF GOD

Ark of Mercy Church of God, 13 W. Broadway, Winchester, 859-745-0700; Healing, Deliverance and prayer services every Saturday night at 6 pm.

Bowen First Church of God, Hwy. 15, 663-0751; Bro. Stephen Donithan, Min., Bowen, Sunday School 10 am; Worship Service 11 am and 6 pm; Wednesday Service 7 pm. Clay City First Church of

God, 4236 Main St., Ph. 663-2810; Garland Lacy, Min., Sunday School 10 am; Worship Service 10:45 am and 6 pm; Wednesday Service 7 pm. **Emmanuels Tabernacle** Church of God, Pastor: Kyle Shoupe; 859-749-4067; Sunday School, 1 pm, Worship Service, 2 pm; Sunday Night Service, 6:30 pm; Wed. night service, 7:00 pm; For more information 663-2266 or 663-8118.. Everyone is welcome. **Grace Fellowship Church**

of God of Prophecy, 775 E. College Ave., Willard Estep, Min., Sunday School 10 am; Worship Service 11 am & 6:30 pm, Wednesday Service 7 pm. **Goff Corner Independent** First Church of God, Sunday School 10 am; Worship Service 11 am; Evening Service 6 pm. Pastor, Gary Mathis

Harg First Church of God, Sunday Service 11:00 a.m. Hatcher's Creek Church of God, Dale Sparks, Min., Worship Service 10:30 am and

Knowlton Church of God, Furnace Rd., Stanton, Kenny Wasson, Min, Sunday School 10 am; Worship Service 6 pm.; Wednesday Service 6 p.m.

Living Water Church, 780

North Fork Rd., Ph. 663-1979; Dale Hale, Sunday School 10 am; Morning Worship Services 11 am and Sunday Night 6 pm; Wednesday Service 7 pm. More Than Enough Ministries Church of God, 1236 College St., Stanton, KY. Service Fridays 5-7 p.m., Clothing Giveaway Director Betsy A. Caudill, home (606)663-7849, cell (606)304-8838, **Morris Creek First Church** of God, 1669 Morris Creek Rd., Stanton, Raymond Tipton, Min., Sunday School 10 am; Worship Service 10:45 am and 6 pm; Wednesday Ser-

vice 7 pm. Mountain Parkway Church of God, 30 Adams Ridge Rd., Dale Payne, Min., Sunday School 10 am; Worship Service 11 am and 6 pm; Wednes-

day Service 7 pm. New Beginnings Church of **God**, 1091 Irvine Road, Hwy. 82, Clay City; Pastors Patty and Billie Utterback, Sunday School 11 am; Sunday Worship Services 12 pm. Tuesday Bible Study 6 pm., Wednesday

and Saturday 7 pm.

Slade Church of God, Sunday School 10 am; Sunday Worship 11 am; Sunday Night Service 6 pm. Pastors: Bill White . Campers Welcome. South Fork Church of God,

Services Friday 7 p.m.; Sunday 11 a.m. Pastor Wilford Dale Helton.

Stacy Road Church of God, Irvine, James and David Riddell, Min, Sunday Service 7 pm; Wednesday and Friday Service 7 p.m.

Stanton First Church of God, 980 E. College Ave. P.O. Box 325, Sunday School 10 am; Worship Service 10:45 am and 6 pm; Wednesday Service 7 pm. Anthony T;. Molihan

Vaughn's Mill First Church of God, Hardwick's Creek Rd., Clay City, Teddie Linkous, Min.; Sunday School 9:45 am; Worship Service 10:45 am and 6:30; Wednesday Service

Vaughn's Mill Full Gospel Church of God, Located off KY 2001 and Happy Top Road in Clay City. Services are: Sunday 10 a.m., Worship at 11 a.m.; Sunday evening at 6 p.m.; Thursday evening at 7 p.m. Everyone welcome. West Bend Church of God,

9866 Winchester Rd., Clay City, KY 40312, Ph. 663-9210. Pastor Bro. Ray Wyant, home phone 859-498-2262 Sunday School 9:45 am; Worship Service 10:45 am and 6:00 pm., youth service 7 p.m. Wednesday prayer services at 7 p.m. West Bend First Church of God, 8861 Winchester Rd., Clay City, KY Pastor James Combs, Sunday School 10:00 a.m., Worship service 11 a.m. and 6:30 p.m. Wednesday youth service, 6:30 p.m. Wednesday prayer service, 6:30 p.m.

Christian Fellowship Church of God, 4627 Main St., Clay City, Pastor Harold G. Kelly, Sunday School 10 am; Sunday Morning Worship Service 10:45 am and Sunday Night Service 6:00 pm; Wednesday Service 7:00 pm.

Walnut Grove Church of God, North Fork Road, Stanton, Rothiel King Pastor, Sunday Morning Service 10 am; Night service 6 pm.

LUTHERAN

Grace Lutheran Church, 108 Hemlock Dr., Winchester, Sunday School 9:15 am, Worship 10:30 am, 745-2873

UNITED METHODIST Clay City United Methodist,

7th St., Kim Rose, Min., Sunday School 10:00 am; Worship Service 11 am and 6 pm; Wednesday Bible Study 6:30

Hardwicks Creek United Methodist, Hardwicks Creek, Rev. Michael Cobb Min., Sunday School 10 am; Worship Service 11 am & 5 pm; Wednesday Service 6 pm.

Shiloh United Methodist, 2652 Campton Rd. (SR 11 & 15) Stanton, Ph. 663-5633; Brandon Candee, Min., Sunday School 10 am; Worship Service 11 am and 6:30 pm; Youth Ministries, 6:30 pm Sunday; Bible study 6:30 p.m. Wednesdays.

West Bend United Methodist, 8677 Winchester Rd., Clay City, Ph. 663-5534; Michael R.Guertin, Pastor, (931) 237-0569; Sunday School 10 a.m., Sunday Worship, 11 am and 6 p.m.; Wed. Bible Study

PENTECOSTAL

Harvestime Assembly 480 E. College Ave., Stanton; Sunday, 10 am, 11 am and 6 pm;

Wednesday, 7 pm. Rev. Tony Story, 606-663-9866.

Seven Candles Holiness Pentecostal Church, Old Route 11, Montgomery Co., Wallace Boian, Min., Worship Service Thursday, 7 pm; Saturday, 7

PRESBYTERIAN

First Presbyterian, Phillip Pogue, 420 N. Main St., Stanton, Ph. 663-2914; Sunday School 9:30 am; Worship Service 10:45 am and 7:00 pm; Wednesday Service 7:00 pm.

OTHER

Airport Chapel, Stanton, Scoby Faulkner, Min. Blessed Assurance Church, 44 N. Main St., Stanton; Curtis Shephard, pastor. Sunday School 10 a.m.; morning worship 11 a.m.; Sunday night 6 p.m.; Thursday 7 p.m.

Church of Jesus Christ of Latter-day Saints, 1085 Grand Ave., Beattyville. Branch president, James R. Ellison; Sacrament meeting, 10:30-11:30; Sunday School 11:40-12:20; Priesthood and relief society 12:20-1 p.m.; missionaries phone 859-432-9584. Ronald E. Roberts 1st Counselor in the branch presidency, 1452 Brookside Dr., Stanton. Phone 606-481-9770 Three Cross Mission Church, Sunday School 10 am, Worship Service 11 am & 6 pm and Wednesday Service 6:30 pm, Clay City, KY

Highway of Holiness, Black Creek Rd., Clay City, Pastor Wendell Hurt, Every Sat. night at 7 pm. Everyone welcome.

Franklin Ave. Church of the Living God. Pastor: Tom Hall. Sunday School: 9:30-10:30 a.m.; Worship Service: 10:45 a.m.-12 p.m.; Wednesday Bible Study: 7-8 p.m. Phone: 859-745-1865.

Full Gospel Church, 27 Hunter Ln., Clay City; Pastor, Ralph Banks; Sunday Services 6 p.m., Wednesday, 7 p.m.; Saturday, 7 p.m.

Full Gospel Lighthouse, Fifth Ave., Clay City, Sammy Faulkner, Min., Sunday School 10 am; Worship Service 11 am and 6 pm; Wednesday Service

Full Gospel Evangelistic Ministry Church 1972 Winchester Road, Irvine; 859-351-9854; Pastor Larry Collins, Sunday Worship 11 a.m.; Wed. 7 p.m.

House of Prayer For All People, Helton Mtn., Slade, Dale Helton, Min., Worship Service, Sunday 2 pm.

Living Water Church,780 North Fork Rd., Stanton, pastor Donald W. Hale; Phone 606-768-6007.

Nada Baptist Mission, Tunnel Rd., Dr. John Owen, pastor; Phone 859-744-2884. Services 3:15 Sunday School; 4 p.m. worship.

Pine Grove C.M.E. Church, 9575 Winchester Rd., Çlay City KY 40312. Sunday School: 10 am.; worship service 11 a.m.; Pastor, Diane Flora.

Outreach Church, Rice Station, Sunday worship 11 a.m.; Wednesday prayer meeting, 7 p.m. Pastor, Terry Hymer.

The Mission, Non-denominational Church, 3095 Main St./, Clay City. Pastor: George Sparks, 606 -66 3-0847. Services 7 p.m. Friday.

Wings of Love Church, 7283 Winchester Rd., Clay City, Ricky Shuler, pastor, Children's Sunday School, 5:30 p.m., Sunday Service 6:30 p.m.; Wednesday night 7 p.m.

Stonegate Cemetery

"Maintained With Dignity" 606-663-0222 • 606-481-0819

DENNIS & DAUGHIERS

JAMES EDWARD DENNIS

Insurance & Monuments Stanton, KY • 606-663-2222

Wells **Funeral Home**

Stanton & Clay City

Honchell's

Mens & Boys Clothing from Head to Toe West Irvine Plaza

723-7316

BILLINGS DRUGS

Store Hours: Mon-Sat 8-6•Pharmacy closed Saturday Entire store closed Sunday 163 E. College Ave., Stanton

663-2848



606.663.2283 • 606.663.2276

www.whitakerbank.com

Clark Energy reminds us to stay away from downed power lines.

> Hearne Funeral Home

Rogers HARDWARE & Building Supply

"Everything to build anything" Lumber & Building Materials • General Contractors

663-2598 · 176 E. College, Ave. · Stanton

Hurst Furniture & Appliance

175 Blackburn Street Stanton, Ky. 663-9942

B*EWER REAL ESTATE **FOR ALL YOUR REAL ESTATE & AUCTION MEEDS!**

389 North Main Street • Stanton, KY 663-4663

www.brewerrealestate.com

Call Kayla to place your ad here! 606-663-5540

OIGNANT REMINDER ENCOURAGING WORD:



Guest Columnist

It was an extremely emotional experience, and one that I will remember for a long time.

On a beautiful Sunday morning, I stood at the crest of the Mount of Olives and looked westward across the Kidron Valley toward Jerusalem. The brilliant sun glistened on the golden dome of the Dome of the Rock, a mosque that occupies the spot in the Esplanade of the Temple where the Temple of Solomon once stood. A road, centuries old, from Bethany and the Jordan valley to Jerusalem crosses the Mount of Olives and winds its way over the western slope of the mountain.

standing. On that ancient Sunday morning, Jesus, riding a borrowed donkey on which no one had ridden, met a large and enthusiastic crowd of supporters

As I surveyed that scene, I remembered another Sunday morning and the events surrounding it that occurred nearly two thousand years ago at, or near, the place where I was

who welcomed him warmly, gladly, and noisily to Jerusalem. They waved palm branches taken from nearby palm trees, and many in the crowd "spread their cloaks on the road" ahead of him. Most, if not all, of them shouted enthusiastically, "Hosanna in the highest!" Then, when he entered Jerusalem, "All the city was stirred."

But that enthusiasm and emotional support faded quickly. Before the week was gone, the loud shouts of "Hosanna" were gone, and they had been replaced with, "Crucify him! Crucify him!" One of his trusted and closest friends vehemently denied that he ever knew him, and another trusted friend placed a kiss of betrayal upon his cheek.

Palm Sunday commemorates the Triumphal Entry of Jesus into Jerusalem, and the day is celebrated joyfully annually. But the day is a poignant reminder of a significant fact: Emotional enthusiasm, expressive as it may seem to be, is totally inadequate. It doesn't last when the going gets rough. When there is nothing more, loyalties change quickly and abruptly for no good reason.

Classifieds

ANIMALS/PETS

STOP SCRATCHING & gnawing. Promote healing & hair growth. Stamp out ITCHAMCALLITS! Shampoo with Happy Jack® Itch No More & Paracide II. Apply Skin Balm®. HEARTBREAK RIDGE FARM SUPPLY. (606)663-9235. (www.happyjackinc.com)

ANNOUNCEMENTS

POND STOCKING! Mon, 3/26, The Fish Truck will be at Roger's Hardware Building in Stanton from 2:30-3:15 & Fri 3/30. Powell Co. Feed & Farm Supply in Clay City from 8:00-8:30 & Sat 3/31 Powell Co. Feed & Farm in Clay City from 7:00-8:00. (800)335-2077 or www.kyfishtruck.com

AUTOS FOR SALE

2006 TOYOTA TUNDRA DOUBLE CAB SR5, V8, AUTO, PW, PL, TILT CRUISE, ALLOYS, ONLY 78K MILES! \$15,955. (877)628-4101.

2000 CHEVY CORVETTE CONVERTIBLE, AUTO, LOW MILES, CUSTOM PAINT, LOADED, VERY SHARP! \$20,880. (877)628-4101.

2005 FORD FREESTAR LIMITED, V6, FWD, 7-PASSENGER, LEATHER, DUAL POWER SLIDERS LOADED! \$6,333 (877)628-

2010 CHEVY COBALT LT, 4-DR, AUTO, 4CYL, FWD, GREAT MPG, FACTORY WARRANTY! \$11,398. (877)628-4101.

2011 CHEVY MALIBU LT, 4-DR, PW/L, CRUISE, CD, GAS SIPPER, ROOMY, SHARP! \$15,987. (877)628-4101.

2009 CHRYYSLER PT CRUISER TOURING, FWD, 4-CYL, AUTO, ALL POWER, RUNS/RIDES GREAT! \$11,444. (877)628-4101.

2009 KIA SORENTO LX, 4X4, LOADED, ALLOYS, LOW MILES, FACTORY WARRANTY! \$17,777. (877)628-4101.

2007 CHEVY TRAILBLAZER, 4WD, LOW MILES, PW/L, CRUISE, ALLOYS, VERY NICE! \$15,955. (877)628-4101.

2010 FORD FOCUS S, 4-DOOR, FACTORY WARRANTY, GREAT MPG, A STEALAT \$11,981. (877)628-

2006 CHEVY SILVERADO 1500, 4.3, V6, 67K MILES, AUTO, AM/FM, RUNS GREAT! \$10,987. (877)628-4101.

2007 FORD EXPLORER XLT, V6 PW/L, CRUISE, ALLOYS, 3RD ROW! \$13,983. (877)628-4101.

2008 MINI COOPER CLUBMAN, 1.6L, 4CYL, FWD, MANUAL, ONE OWNER! \$17,777. (877)628-4101.

2009 NISSAN ALTIMA S, 4-DOOR, AUTO, 4CYL, ALL POWER, GREAT MPG! \$15,955. (877)628-4101.

2005 MERCEDES BENZ S430, V8, LEATHER, SUNROOF & MORE, TOTAL LUXURY! \$23,838. \$16,888. (877)628-4101.

2007 TOYOTA CAMRY SOLARA CONVERTIBLE SE, AUTO, PW/L, CRUISE! \$14,994. (877)628-4101.



EQUAL HOUSING OPPORTUNITY

All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex or national origin, or an intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

FOR LEASE

NOW LEASING!
"BROOKSIDE COTTAGES"
DUPLEX RENTAL
COMMUNITY
STANTON, OFF MTN.

STANTON, OFF MTN. PKWY, EXIT 22

1, 2 & 3 BR LUXURY UNITS BUILT-IN KITCHENS PATIOS OR DECKS EXT. SHEDS OR GARAGES

SPACIOUS! \$500-\$650 MO., + UTILITIES

DEPOSIT, REFERENCES

REQUIRED

ESTEP RENTAL (606)663-0050 (606)663-9854

FOR LEASE: JONAH PROPERTIES, LLC Duplex Apartments Logan Lane, Stanton. 2BR, 2BA and 3BR, 2BA units. Washer/Dryer Hook-up. (606)422-3350 (days), (606)663-5776 (evenings)

FOR LEASE; Commercial Office space available, approximately 1,500 sq. ft. in prime location, 210 North Main St., Stanton. Ph 663-2069 or 663-4248.

FOR RENT

C O M M E R C I A L STOREFRONT retail space for rent. Located on Main St., Irvine. (606)723-0466.

NICE 2BR house for rent; 350/rent, \$150/dep. Uou pay all utilities. 66 2nd St., Clay City. (606)663-4305 after 5pm

3BR HOUSE, 2BA, 44 Strode St., Stanton. Dep. & refs. required. Call (606)663-4085 or (606)634-1058.

3BR BRICK house w/garage in Stanton, good location. \$600/monthly, deposit & references required. Call (606)663-0620, after 6pm, (606)663-9057.

3BR HOUSE for rent; 1BA, Central H/A, clean. Located at 111 Greenway, close to Santon Nursing Home. Rent/\$400 per month w/\$400 damage deposit. Call (606)663-9847 or (606)663-2049.

NICE 14X70 Trailer for rent; 3BR, 2BA with W/D, \$120/wk. (859)771-4859.

EXTRA NICE, well maintained, one and two BR apartments for rent. All major bills included. Call (606)663-2370.

2BR, **1BA** Mobile home, Private, W/D hookup. Laundry room, stove, ref., furnished. Rent/\$350, Dep/\$250. (859)608-4475.

3BR MOBILE Home for rent. Located 3rd Ave., #35, Clay City. \$350/rent, \$300/dep. Call (859)582-7122 or (859)314-4151.

APARTMENTS FOR rent; 3BR townhouse at \$135/per week or 2BR Duplex at \$100/per week with 1 yr. lease. \$200/dep. You pay utilities (606)663-4985 or (606)481-0585. HUD Approved.

LIVESTOCK

GRASS TIME Angus Sale; Mon/Apr 9th, 7pm, Chenault Ag. Center, Mt. Sterling, KY. Selling 70 Angus bulls, 55 registered Angus females and 80 commercial females. Contact John McDonald at (859)404-1406.

MISC FOR SALE

SPLIT FIREWOOD for sale: Mixed hardwood. \$170 per cord delivered. Please call (606)663-6546.

'93 WACO 20ft. pontoon boat; late 90's, 90hp Honda 4-stroke motor, center console, 55 thrust motor guide trolling motor, tandum trailer, \$5,500.00 Please call (859)582-2940.

'04 PACE American enclosed trailer; 24 ft., near new aluminum wheels with tires, warn winch, \$5,500.00. Please call (859)582-2940.

MOBILE HOMES

0 DOWN for qualified buyers. Call for more details. (859)623-9405.

AGED INVENTORY: 3 homes on our lot below invoice. Hurry, won't last long. Call (859)623-9404.

NEW LAND Improvement Packages and Turn Key Housing!! Your Land or Family Land. CALL Now to Apply. (606)474-2083.

BANK FORECLOSURES
With and Wiithout Land. Some are Move-In Ready. (866)597-2083

Timber Cutter Wanted

Exprienced in logging operations

- Competitive salary
- Health insurance available

Provide prior work history, previous experience a must.

Contact H&S Lumber, Inc.

606-663-9422 606-663-9474

REQUEST FOR APPLICATIONS

The Beech Fork Water Commission is accepting applications for the position of water plant operator. All applicants should have a Class 3A water treatment plant operators license, and a valid drivers license.

Duties of the position include daily operation and maintenance of the water treatment plant. A detailed position description may be obtained from the Beech Fork Water Commission at the address set forth below. Any applicant, prior to being employed by the Beech Fork Water Commission, shall successfully pass a drug test as a prerequisite to employment.

The position is a regular, full-time position, and would include retirement and health insurance coverage.

Pay range begins at \$17.00 per hour but is negotiable based on the knowledge and experience of the applicant.

Anyone desiring to apply for said position should

contact Debbie Cantrell at the Beech Fork Water Plant at 1900 Pompeii Road, Clay City, Kentucky 40312.

Inquiries may be made by phone at 606 663 4312.

Inquiries may be made by phone at 606-663-4312. All applications, in order to be considered, must be fully completed and returned to the Beech Fork Water Plant on or before Wednesday, March 28, 2012 at 4 pm.

The Beech Fork Water Commission is an Equal Opportunity Employer.

NOTICE TO CREDITORS

Estate of: Clayton J. Rose Executrix: Mary E. Rose, PO Box 776, Clay City, KY 40312 Date Apptd: 03-23-12

Estate of: Ryan Maxwell Goodwin Executor: James & Ida Baker, 5226 Main St., Clay City, KY 40312, Date Apptd: 03-23-12

Estate of: George T. Graham II, Executor: George T. Graham III, Attorney: Hon. Scott Graham, PO Box 637, Stanton, KY 40380, Date Apttd: 03-27-12

Notice is given by the Powell District court that administration has been given in the above estate. All persons having claims against the estate have six months from the date of appointment to file the claim properly with the respective representative.

Darlene Drake, Clerk Powell District Court Stanton, KY 40380 (606)663-4141

SERVICES

NEED YOUR grass cut? Text Dillon Spencer at (606)481-1040.

PAW'S GARDEN Tilling Service Specializing in garden preparation. Example: 20X40 plot ready to plant= \$50. Discount on multiples. Call (859)497-0543 or cell, (859)585-1994.

R&J'S LAWN Care. Call (606)481-9315 or (606)663-5978. Ask for Jeremy or Eddie.

GARDEN TILLING, Small acreage bushhogging, 3-5 ton gravel hauled and spread. Powell and surrounding counties. (859)771-1852 or (606)663-0838.

KENNY'S REMODELIING: Windows, door, deck, siding, roof, painting, floors. Over 25 yrs. experience. Home (859)744-7690, Cell (859)595-7587. C&C CONSTRUCTION & Remodeling Room Additions, Concrete work: metal roofing over singles, 40 year warranty. All work guaranteed. 25 years experience. Danny Centers. Phone (606)726-9126, cell - (606)975-1219.

Thursday, March 29, 2012

TRACTOR AND Farm equipment repairs. We come to you. Call and ask Randy about our services. (606)726-9277.

WANTED

FOSTER PARENTS NEEDED. We are seeking an additional 5 homes in Powell Co. Necco offers: Above average referral fee, Competitive, bi-monthly reimbursements for care & services, Placement Stabilization incentives, Paid respite days, Round the clock crisis support. Become a foster parent with Necco & change a child's life for the better. Contact Anita @ (859)264-8796 or asanchez@necco.org

WOULD LIKE to lease 50+ acres for cattle in Powell, Montgomery or surrounding counties. (859)582-0293 or (615)305-7244.

LOOKING FOR Mr/Miss Relaxed. Needs car and clean background to work with developmentally disabled. EOE. (859)595-5669.

STATEWIDES

ANNOUNCEMENTS

Gun Show. March 31-April 1. SAT 9-5 & SUN. 9-4. Louisville KY Fair & Expo Center East Hall A&B (937 Phillips Lane) BUY-SELL-TRADE. Info: (563) 927-8176

Reach almost 2 million readers with one call! Contact the classified department of this newspaper or call KPS at 1-502-223-8821 for more information about placing a 25-word classified in 80 newspapers for only \$250

ABSOLUTE AUCTIONS-

AUCTIONS

April 17, 2012...10:07 AM- 637 ACRES- 40 TRACTS- 2 HOMES- 8 BARNS- Hodgenville Community, Larue County, KY.- CALL B.F. HARNED AUCTIONEER 502-348-5025- HARNED AUCTIONEERS, LLC- WWW. BILLYFRANKHARNED. COM- Nicholas #1103

BUILDINGS

24'x40'x9' 1- Service Door. 1- 10'x8' End Slider \$6,999.00. Built on your Level Lot. Other Sizes Available! Tradon Buildings, Inc. 1-800-987-2366

HELP WANTED

New Business
Development. Universal
Toxicology, LLC.
Saylersville, KY. Work
Type: Full Time. Job
Description: The candidate
will be responsible for
new business development
in local, state, and
national areas. Work will
be centered on setting
up new accounts and
introducing company to
new businesses. Required

ANNOUNCEMENT

The Powell County Fiscal Court will receive Proposals from qualified Architect/Engineer firms for design services.

The intended Project is:

The design and construction of the Powell County EOC. Refer to attachments for a more detailed description.

Interested and qualified Architect/Engineers can receive a copy of the official Request for Proposals (RFP) by submitting a one-page letter of interest to:

Powell County Fiscal Court

Hon. james anderson, Jr., Judge Executive
525 Washington Street
PO Box 506
Stanton, KY 40380
pcemcsepp@gmail.com
pcholland3@gmail.com

Interested and qualified firms can submit their Proposals to:

Powell County Fiscal Court

Hon. James Anderson, Jr., Judge Executive

525 Washington Street

PO Box 506

Stanton, KY 40380

Powell County Fiscal Court will hold a Mandatory Pre-proposal meeting:

Date: April 11, 2012 Time: 1:00 pm Location:

Powell County Courthouse 525 Washington Street Stanton, KY 40380

Notify: Please notify Danny McCormick to indicate how many people will be coming from your firm. Contact Danny McCormick at:

Phone Number: 606-481-9849 E-mail Address: pcemcsepp@gmail.com

An authorized representative of Powell County Fiscal Court will receive A/E Proposals until 2 pm (local time) on Friday, April 20, 2012. **Proposals received after this date and time will not be accepted.**

Proposal fo Architect/Engineer Services.

Proposing A/Es will be rquired to meet 702 KAR 4:160 and certain

Proposals shall be enclosed in envelopes which clearly indicate a

Experience in designing similar building;

2. Errors and Omissions Insurance;

qualification set out int he RFP and which includes the following:

3. Ability to provide experienced staff.

totalms.com

Experience: Experience in sales, preferably drug testing or medical services. Salary: Depends on experience. To apply: Please send resumes to larrythacker@universaltox.com and mattlyon@universaltox.

Specimen Collectors.
Universal Toxicology,
LLC. Salyersville,
KY. Work Type: As
Needed. Job Description:
Persons needed to pick
up collections at sites
around Kentucky. Salary:
To Be Determinedcontact for details.
To apply: Please send
resumes to larrythacker@
universaltox.com and
mattlyon@universaltox.

Toxicology Analyst. Universal Toxicology, LLC. Saylersville, KY. Work Type: Full Time. Job Description: The candidate will be responsible for operating LC/MS/MS, GC/MS, EIA instrumentation performing quantitative and qualitative drug analyses and data review. Work will be centered on drugs of abuse testing. Required Education: Bachelor's degree in one of the natural sciences: (Biology, Chemistry, Pharmacology, Toxicology, or Medical Technology). 2+ years experience preferred but not required. Salary: Depends on experience. To apply: Please send

resumes to larrythacker@

universaltox.com and mattlyon@universaltox.com

WANTED: LIFE AGENTS *Earn \$500 a Day *Great Agent Benefits *Commissions Paid Daily *Liberal Underwriting *Leads, Leads, Leads. LIFE INSURANCE, License Required. Call 1-888-713-6020

MISCELLANEOUS

AIRLINES ARE HIRING- Train for hands on Aviation Career. FAA approved program. Financial aid if qualified-Job placement assistance. CALL Aviation Institute of Maintenance 888-207-2053

ATTEND COLLEGE
ONLINE from Home.
*Medical, *Business,
*Criminal Justice,
*Hospitality. Job
placement assistance.
Computer available.
Financial Aid if qualified.
SCHEV certified. Call
866-460-9765 www.
CenturaOnline.com

SAWMILLS from only \$3997.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www. NorwoodSawmills.com 1-800-578-1363 Ext. 300N

SERVICES

DISH Network. Starting

REQUEST FOR APPLICATIONS

The Beech Fork Water Commission is accepting applications for the position of water plant operator-trainee.

All applicants should have a valid drivers license. Duties of the position include daily operation and maintenance of the water treatment plant. A detailed position description may be obtained from the Beech Fork Water Commission at the address set forth below.

Any applicant, prior to being employed by the Beech Fork Water Commission, shall successfully pass a drug test as a prerequisite to employment.

The position is a regular, full-time position, and would include retirement and health insurance coverage. Pay is based upon the Beech Fork Water Commission's pay scale but is negotiable based on the knowledge and experience of the applicant.

Anyone desiring to apply for said position should contact Debbie Cantrell at the Beech Fork Water Plant at 1900 Pompeii Road, Clay City, Kentucky 40312. Inquiries may be made by phone at 606-663-4312.

All applications, in order to be considered, must be fully completed and returned to the Beech Fork Water Plant on or before Wednesday, April 4, 2012 at 4 pm.

The Beech Fork Water Commission is an Equal Opportunity Employer.

REQUEST FOR APPLICATIONS The Beech Fork Water Commission is accepting

applications for the position of water plant operator-temporary or seasonal employee. All applicants should have a Class 3A water treatment

plant operators license, and a valid drivers license.

Duties of the position include daily operation and maintenance of the water treatment plant. The position would involve work at the plant on an "as-needed" basis and would not be on a regularly scheduled basis. A detailed position description may be obtained from

forth below.

Any applicant, prior to being employed by the Beech Fork Water Commission, shall successfully pass a drug test as a prerequisite to employment.

the Beech Fork Water Commission at the address set

The position is not a regular, full-time position, and would not include any retirement or health insurance coverage.

Pay is based on the Beech Fork Water Commission's pay scale but is negotiable based on the knowledge and experience of the applicant.

Anyone desiring to apply for said position should contact Debbie Cantrell at the Beech Fork Water Plant at 1900 Pompeii Road, Clay City, Kentucky 40312. Inquiries may be made by phone at 606-663-4312.

All applications, in order to be considered, must be fully completed and returned to the Beech Fork Water Plant on or before Wednesday, April 4, 2012 at 4 pm.

The Beech Fork Water Commission is an Equal Opportunity Employer.

at \$19.99 for 12 months. PLUS 30 Premium Movie Channels, FREE for 3 Months! SAVE! Ask about SAME DAY Installation! Call 1-888-

445-6583

Classifieds

DIVORCE with or without children \$125. Includes name change and property settlement agreement. SAVE hundreds. Fast and easy. Call 1-888-789-0198 24/7 or www. Pay4Divorce.com

SPORTING/SPORTING GOODS

Play Where the Hooter's Tour plays. Cherry Blossom Golf Course in Georgetown, rated the number one public course in Kentucky. Call 502-570-9849 for tee times.

TRUCK DRIVERS HELP WANTED

APPLY NOW! CDL Drivers in Demand! Get your CDL Training in 16 days at Truck America Training and go to work! VA & WIA Approved. Tuition Financing Available. 1st yr. avg. \$38-40,000 per ATA (502)955-6388 or (866)244-3644

Attention FLATBED Drivers: Great Starting

Pay & Benefits. Fuel, Safety & Referral Bonuses. Home Weekends. Call & apply for a new career with gypsumexpress.com. 866-317-6556

CALL NOW!
International Truck
Driving School/ BIH
Trucking Company
Now taking Students!
No CDL, No
problem! STATE WIA
PROGRAM if qualified,
or Financing available.
888-780-5539

Class-A CDL Training, Delta Career Academy. WIA approved. Job placement assistance. Tuition reimbursement available. Hiring for TMC/Werner. BBB accredited. Mt. Sterling, KY, 859-498-9988, 800-883-0171

Come Join a Leading Team! SOLOS & TEAMS! GREAT PAY! CHOOSE YOUR OWN HOME TIME! Solos- Up to 43 cpm. Teams- Up to 53 cpm. Assigned Trucks. Pet & Rider Policy. Weekly Direct Deposit. No Touch Freight. Medical/ Dental/ Life Insurance. Must have CDL-A. 1-Year Recent Verifiable Exp. Owner Operators

Also Welcome!

PUBLIC NOTICE

Kentucky River Foothills Development Council, Inc. would like to make the agency's CSBG (Community Services Block Grant) 2012-2013 program plan and budget made available to the public for review. A copy of this can be viewed at KY River Foothills; 70 7th Ave, Clay City, KY Suite D and E. For more information, please call Marilyn Tyree at 606-723-4492.

877.334.9677 www. Drive4NDL.com

Driver Trainees Needed Now! Learn to drive for TMC Transportation! Earn \$750 per week! No experience needed! Local CDL Training! Job ready in 3 weeks! 1-877-243-1812

Drivers- CDL-A DRIVE

WITH PRIDE. Up to \$3,000 Sign-On Bonus for Qualified Drivers! CDL & 6 mo. OTR exp. REQ'D. USA TRUCK. 877-521-5775 www. usatruck.jobs Drivers- CDL-A TEAMS NEEDED! Plenty of Miles! Including West Coast Runs! Top Pay for Experienced Drivers EVEN MORE for Hazmat! 800-942-2104 Ext. 7307 or 7308 www.

Drivers: NO **EXPERIENCE?** Class A CDL Driver Training. We train and Employ! New pay increases coming soon. Experienced Drivers also Needed! Central refrigerated (877)369-7192 www. centraltruckdrivingjobs. Experienced Tanker/ Flatbed Drivers! *Strong Freight Network *Stability *Great Pay. **Every Second Counts!** Call Today! 800-277-0212 or www.primeinc.

Flatbed Drivers. New Pay Scale- Start @ .37cpm. Up to .04cpm Mileage Bonus. Home Weekends. Insurance & 401K. Apply @ Boydandsons.com

Whitaker Bank is currently taking bids on a 2006 Dodge Caravan. Unassembled motor, body in good condition. For more information please contact Ambara or Angie at 606-663-2283.

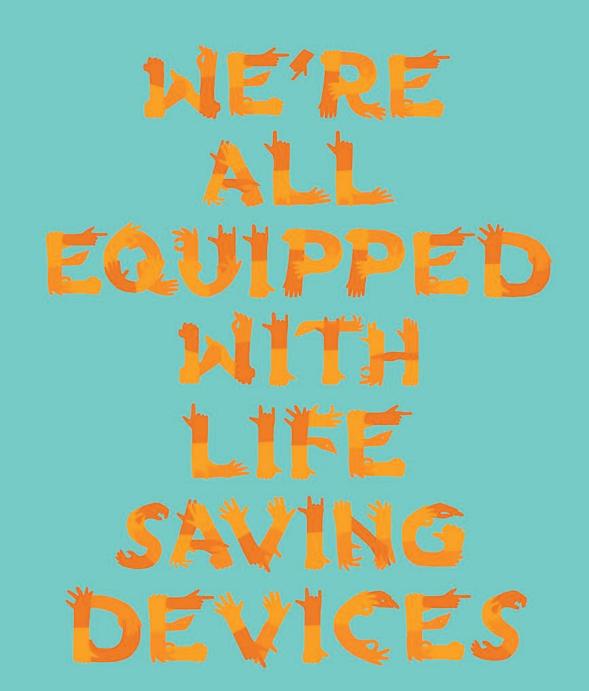
com

Stanton Nursing and Rehab Center currently has opportunities for Certified Nursing Assistants!

For more information or to apply contact:

Thomas Davis
Tdavis5@extendicare.com
Stanton Nursing
31 Derickson Road LN
Stanton, KY 40380-2153
Fax (606) 663-8040

Or visit us at www.extendicare.com



an adult suddenly collapses, perform Hands-Only™ CPR.



in the center of the chest.

Hands can do incredible things.



American Heart
Association

Learn and Live

A • 15

Confessions of a 'dentaphobe'



By SARAH BLOOM Times Lifestyle Columnist

Have you ever known someone to think a toothache was a blessing? Well, maybe not exactly the toothache itself, but the circumstances surrounding it?

Being a full fledged, self-proclaimed "dentaphobe" myself I can honestly say this is the last place in the world that I would be looking for a blessing in disguise, but our Lord works in mysterious ways so let me just share a little story with

I have always considered myself to be a fairly tough girl. Throughout my life I have tolerated pain and fear well. But there is one thing that can instantly cause me to sweat and my pulse to take off at a dead run. Pure dread inches down my back as soon as I realize I may need to make a trip to the dentist. No offense to anyone in the dental profession, but I can't stand it. There is something about someone sticking their hands in my mouth, needles, and drills that cause me

to become nauseated. With that being said I

put off visiting my worst be boys at all times and fear until I have no other option. About three years ago I chipped the side of one of my jaw teeth. At the time it did not hurt so I was satisfied that I had it under control.

I made a conscious decision to not eat any extremely crunchy or sticky foods. Of course that meant no more Laffy Taffy, but I figured a small sacrifice would not hurt as long as it kept me away from the dentist office. I would even pray to the good Lord to have mercy on me and allow my tooth to go along as if nothing had happened, and for the past three years it has.

At times I would wake from a dead sleep in a panic because I had dreamed that during the night I had somehow broken the rest of my tooth. After I realized it was only a nightmare I would drift back to sleep and wake the next morning just fine. I told you my fear was intense.

About seven months ago at work we were given the opportunity to take out some Aflac insurance. As I looked through the brochure two policies jumped out at me: accident and dental.

With four boys I figured the accident policy would come in handy. Literally one month after it went into effect one of my sons broke both his arms in a freak rope swing accident. The Lord was most definitely watching over us on that one.

I knew that my family needed the dental insurance as well for the same reasons. Boys will

since we had already had a couple of broken teeth over the years I figured it would pay for itself as

LIFESTYLES

The only drawback was that for any major procedures there were different lengths of waiting periods. But I got it anyway especially since it would cover my husband and me as well and that chipped tooth in the back of my mouth would be covered should it ever decide to act up. In addition my youngest son Cole got a cute little Aflac duck out of the deal.

Fast forward to about a week ago. I woke up and what I hoped was a repeat of my usual nightmare turned out to be reality. Most everyone knows that horrible feeling. Suddenly you can count every heartbeat from the inside of your head and anything cold or hot is your worst

With shaky hands I dialed up my dentist and grudgingly made an appointment. Don't get me wrong, my dentist is a very nice man; he has looked into my mouth since I was a small girl, but I still don't like seeing him.

The day of my appointment that dental policy I had been paying on for the past six months suddenly came to my attention. It occurred to me that I may not have to worry so much about the bill and said a prayer of thanksgiving for its pres-

As I slumped down into that weird chair, smelling those dentist office

smells, my eyes wandered over the tray of torture devices that are kept on display right in front of the patient. I wonder if they realize what kind of nightmare scenarios are played out in people's minds as they sit there and wait.

My exam and x-ray were fairly painless, but the words that came out of my sweet dentist's mouth cause me to instantly want to show him my breakfast. Two sad, depressing options... root canal or extraction. Putting on my best brave face I agreed to think over each one and let him know as soon as possible.

When I got home I quickly dug out that dental policy and began to scan the pages and pages of big medical words meant to explain dental procedures. In my search I noticed that each column was labeled with a waiting period.

After a few minutes of searching I came across "root removal" and my heart sank as I found it to be under the 12 month waiting period. Without insurance this option was out of the question. I could not find any-

thing about extractions so I just decided to go ahead and schedule an appointment with the oral surgeon (the title alone caused me to sweat) and take care of business.

You may be wondering where the "blessing" is in all of this and I am fixing to tell you. When I spoke with the woman on the phone she asked if I had dental insurance. I told her of my policy and she immediately said she thought they had waiting periods for certain procedures, but that she would check into it and give me a call back. Holding my breath I asked her for a baseline amount for the visit so I would know what to expect. The amount she quoted me without insurance was bad, but not as bad as I had thought it would be.

Less than thirty minutes later she called me back. She proceeded to tell me that my six month waiting period was up on April 1 therefore my appointment for April 4 would be covered.

As I have said many times before I do not believe in coincidence but rather in divine interven-

Three years ago I chipped my tooth and for three years I have asked God many, many times to keep it from becoming painful, which He did. Seven months ago I invested in a dental policy that required, unbeknownst to me, a six month waiting period for procedures such as extractions, and three days before my visit my policy surpassed that waiting period.

Now each time I see those Aflac commercials with that crazy duck I am reminded that the Lord most definitely works in mysterious ways and sometimes over a long

period of time.

After a disaster, consumers beware of scams and frauds



PAM DOOLEY County *Ноте Ӗс.* Agent

Kentuckians have lost a lot as a result of the March 2 tornadoes. As those hit the hardest begin to piece together their lives and rebuild, they should be on the lookout for those who may want to prey on their misfortune. Many times, after an area has been hit by a natural fly-by-night contractors.

Consumers can do several things to prevent becoming the victim of a scam or unscrupulous contractor.

The Kentucky Office of the Attorney General says you should be weary of anyone who asks for cash for the entire job up front as this is a common practice among scam artists. Oftentimes, they will take your money and leave before starting or finishing a job. Another red flag is contractors who drive vehicles with

out-of-state license plates and ask extremely low prices for repair work.

The attorney general's Disaster Fraud Task disaster, it will see an Force suggests that cominflux of scam artists and munities recovering from tornadoes implement a registration program for potential contractors.

Such a system would include contractors' information, require them to display a registration certificate at the work site and publicize the program so consumers know to require their contractor be registered. This can help decrease the number of unscrupulous operators in your area.

You can use these tips form the attorney general's office to further protect yourself against

scam artists and fly-bynight contractors:

• Use local companies or repairmen

• Check out unfamiliar companies through the Better Business Bureau

• Demand a written contract

• Get estimates for repair work from several contractors

When deciding on a contractor, make sure the contractor is licensed, bonded and insured. The contractor needs to have proof of liability coverage and workers' compensation coverage in case any workers are injured on the job. Workers' compensation coverage is required by state law for companies with even one part-time employee, but

many companies still do not have this insurance, as carrying both it and liability insurance can be

expensive for employers.

If a company doesn't tion coverage, and one of its employees is injured on your property, the employee can sue you.

To protect yourself, ask a potential contractor to give you the name of their insurance company and contact the insurance company to make sure the contactor is covered for both liability insurance and workers' compensation.

Ask the insurance company for a certification that shows the contractor's coverage. The certification will have

the policy number on it in t the event of an accident. Homeowners can contact the Security and Compliance Division of the Kentucky labor have workers' compensa- Cabinet at 1-800-731-5241 for any workers' compensation related questions.

> Educational programs of the Cooperative Extension Service serve all people regardless of race, color, sex, religion, disability or national ori-

> Source: Bob Flashman, UK specialist for family resource management; Kentucky Office of the Attorney General.

How to overcome a diabetes overload

True or False: Many people with diabetes are too lazy to manage it properly.

FALSE - According to Dr. Paul Rosman, endocrinologist and past president of the American Diabetes Association's Ohio Chapter, this is not

"The most common approach is for people to work very hard at managing their diabetes," says Dr. Rosman. "But people don't understand how to categorize diabetes data into manageable pieces in order to sustain a happy life with diabe-

Dr. Rosman recentlv worked with DiabetesDaily.com, a leading online resource for people with diabetes, to launch "Workshop for Better Blood Sugars' through Diabetes Daily University. This new online diabetes education course provides patients with the fundamental knowledge and know-how to use information about their diabetes in the

most effective way. The

course demonstrates how to make active behavior changes based on data and arms course participants with the tools to achieve sustainable suc-

Dr. Rosman has identified five critical components of successful blood glucose management to help people with diabetes navigate all measurements and data they obtain - and avoid diabetes information overload. 1. Know where to

start. It's overwhelming to see a sheet of paper filled with blood sugar readings. Keep things small and manageable to stay focused. Start by recognizing when you have good numbers.

2. Use your best to fix the rest. It's easier to extend the good parts of the day than it is to fix high and low blood sugars after they happen. When numbers go from good to bad, figure out what happened. Was it exercise? Eating more carbohydrates than expected? A stressful conversation with family (which can raise blood sugars quick-

3. Identify roller coaster blood sugars. Look for periods when your blood sugars go up and down like a rollercoaster. What events happened to trigger the pattern? If you have a low blood sugar followed by a high blood sugar, be careful of taking too much medicine to treat it. Once you have had one low blood sugar, you are very susceptible to another later in the day.

4. Recognize the warning signs of burnout. Excellent blood glucose management routines can be sidetracked by seemingly small incidents. Watch out for scheduled changes in life events, like adjusting work and sleep schedules, the transition between seasons or major life events-like holidays, weddings, birthdays, etc. These things can all derail good management and lead to burnout if you

are not prepared. 5. Understand your doctor's checklist and

articulate your problem/concern in his terms. Expectations for the outcome of a doctor's appointment are glaringly different for a doctor versus a patient. Legally, doctors need to meet certain standards and even have a checklist of things they need to accomplish, while the patient is often looking for answers or worried about disapproval. Tell your doctor you know they have a list of things to accomplish during your visit, but that you also need their help with a specific problem. This sets the agenda in advance and ensures that your needs are also met. Patients can access

in depth course content and take advantage of group and one-on-one support by registering for "Workshop for Better Blood Sugars" at http:// university.diabetesdaily.

com/. Dr. Rosman is available to discuss how people with diabetes can avoid information overload and instead use diabetes data to achieve



better blood sugars. To schedule an interview, contact Kayleigh Fitch at 440.333.0001 ext. 105 or <u>kayleigh@sweeneypr.</u>

About Dr. Paul Rosman

Dr. Paul Rosman has helped people live well with diabetes for over 30 years. As an endocrinologist and researcher, he has focused on predicting blood sugar changes in people with diabetes and trauma patients. The American Diabetes Association's Ohio Chapter recognized his outstanding work

by awarding him as its Clinician of the Year. He has served as President of the American Diabetes Association and the American Association of Clinical Endocrinologists (Ohio Chapters). He is a Professor at Ohio University College of Osteopathic Medicine and on the faculty of Northeastern Ohio University's Colleges of Medicine and Pharmacy, Toledo College of Medicine, and the Case Medical College at Case Western Reserve University.



Jalen Payne of Clay City Elementary won a portable DVD player at the Reading Celebration.



Reading Celebration
'TREASURE

READING'

The 4th Annual Reading Celebration was held last weekend. There were plays, authors and displays of all sorts for everyone to visit. There was also music, singing and dancing. Of course, there were giveaways and last, but definitely not least, awards to honors the schools system's top readers. It was a time to "treasure."

Next week we hope to have a list of all the award winners.

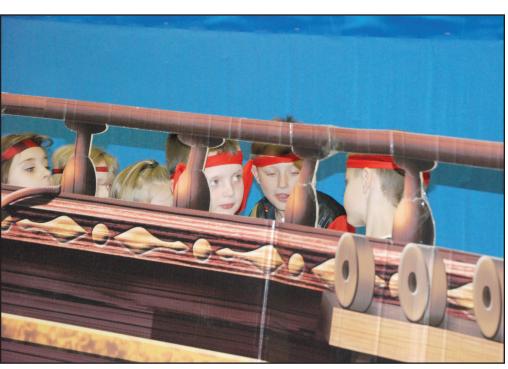
Times Photos by James Cook and Kelly Marcum



Emily Allen was honored as the top reader in the Kindergarten class at Stanton Elementary.















Clean and Professional Service

12, 15 & 20 minute beds available

sunshine on a cloudy day





We have many different package options!

Stop by and try our beds today!

Located at CrossRoads Center 221 S. Main Street, Ste. 2D Stanton • 606-663-6100 Mon.-Sat. 8 am to 9 pm Sun. 12 to 6 pm